Take a Bow



编舞者: Guillaume Richard (FR) - April 2024

音乐: Joke's On Me - Sofia Carson



Sequence: A - B - C - A - B - C - C - C ending

Intro: 7 counts No Tag, No Restart

PART A: 40c

[1 _ 8] (Coaster Sten	Sten & Sw	een x3 Mamh	o Fwd Ster	Back & Swee	n Weave	Side Rock
	CUASIEI GIED,	. Sieb & Sw	CCD AJ. Maili	JU I WU. SIEL	Dack & Swee	u. vvcavc	. Slue Nock

8&1	Step RF back (8), Step LF next to RF (&), Step RF fwd as you sweep LF to front (1) 12:00
2-3	Step LF fwd as you sweep RF to front (2), Step RF fwd as you sweep LF to front (3) 12:00
4&5	Step LF fwd (4), Recover on RF (&), Step LF back as you sweep RF to back (5) 12:00
007	

6&7 Cross RF behind (6), Step LF to L (&), Cross RF over LF (7) 12:00

8& Step LF to L (8), Recover on RF (&)

[9 - 16] Cross Rock x2, Weave, Side Step & Collect

1-2&	Cross LF over RF (1), Recover on RF (2), Step LF to L (&) 12:00
3-4&	Cross RF over LF (3), Recover on LF (4), Step RF to R (&) 12:00

5&6& Cross LF over RF (5), Step RF to R (&), Cross LF behind RF (6), Step RF to R (&) 12:00
7-8& Cross LF over RF (7), Step RF to R up on toes (8), Collect LF next to RF up on toes (&)

12:00

[17 – 25] Cross, ¼ turn Step x2, Rock & ½ turn Step, Rock & ¼ turn Step, Chase Turn Step

1-2-3	Cross RF over LF (1), Make ¼ turn R stepping LF back (2), Make ¼ turn R stepping RF fwd
	(3) 6:00

4&5	Step LF fwd (4), Recover on RF (&), Make ½ turn L stepping LF fwd (5) 12:00
6&7	Step RF fwd (6), Recover on LF (&), Make ¼ turn R stepping RF fwd (7) 3:00
8&1	Step LF fwd (8), Make ½ turn R stepping on RF (&), Step LF fwd (1) 9:00

[26 - 32] Step ¾ turn & Hitch, Side, Drag, Rock fwd, Side Rock, Back Rock, Reverse Full Turn

2-3-4	Make ¾ turn L stepping on RF as you hitch L knee (2), Step LF to L (3), Drag RF next to LF
	(4) 12:00

5&6& Cross RF over LF (5), Recover on LF (&), Step RF to R (6), Recover on LF (&) 12:00

7&8& Cross RF behind (7), Recover on LF (&), Make ¼ turn L stepping RF back (8), Make ½ turn L

stepping LF fwd (&) 3:00

[33 - 40] 1/2 Fallaway Diamond, Sway x2, Step ½ Pivot

1-2&	Make ¼ turn	L stepping RF	⁻ to R (1). N	/lake 1/8 turn l	L steppina Ll	F back (2). S	tep RF back (&	ᇫ)

11:30

3-4& Make 1/8 turn L stepping LF to L (3), Make 1/8 turn L stepping RF fwd (4), Step LF fwd (&)

7:30

5-6 Make 1/8 turn L stepping RF to R (5), Recover on LF 6:00 7-8 Step RF fwd (7), Make ½ turn L stepping on LF 12:00

PART B: 30c

[1 – 8] Step Piqué, Step, Step & Sweep, Mambo Fwd, Step & Sweep x3, Behind, Side

1-2	Step RF fwd on toes as you hitch L with LF next to R knee (1), Step LF fwd (2) 12:00
3-4&	Step RF fwd as you sweep LF to front (3), Step LF fwd (4), Recover on RF (&) 12:00
5-6	Step LF back as you sweep RF to back (5), Step RF back as you sweep LF to back (6) 12:00
7-8&	Step LF back as you sweep RF to back (7), Cross RF behind LF (8), Step LF to L (&) 12:00

[9 - 16] Cross Rock x2, Ball Step, Hold, Step Fwd, Mambo fwd

1-2&	Cross RF over LF (1), Recover on LF (2), Step RF to R (&) 12:00
3-4&	Cross LF over RF (3), Recover on RF (4), Step LF to L (&) 12:00

5-6 Step RF fwd as you put R hand in front of your mouth (5), Hold your feet as you blow the kiss

to R with R arm (6) 12:00

7-8& Step LF fwd (7), Step RF fwd (8), Recover on LF (&) 12:00

[17 – 24] Step & Sweep x3, Coaster Step Piqué, Step, Step & Sweep, Cross Rock

1-2-3 Step RF back as you sweep LF to back (1), Step LF back as you sweep RF to back (2), Step

RF back as you sweep LF to back (3) 12:00

4&5 Step LF back (4), Step RF next to LF (&), Step LF fwd as you hitch R with RF next to L knee

(5) 12:00

6-7 Step RF fwd (6), Step LF as you sweep RF to front (7) 12:00

8& Cross RF over LF (8), Recover on LF (&) 12:00

[25 – 30] Nightclub Basic x2, Side Rock

1-2& Step RF to R (1), Cross LF behind RF (2), Cross RF over LF (&) 12:00
3-4& Step LF to L (3), Cross RF behind LF (4), Cross LF over RF (&) 12:00

5-6 Step RF to R (5), Recover on LF (6) 12:00

PART C: 14c

[1 – 7] Take a bow (Step x2 and bend over), Side Rock, ½ turn & Point, Look over R

1&2-3 Step RF fwd and raise R arm up (1), Step LF next to RF and raise L arm up (&), Bend over

as you take a bow for 2 counts (2-3) 12:00

4&5-6 Step RF to R (4), Recover on LF (&), Make ½ turn L as you point RF to R (5), Turn your head

to look back over R shoulder (6) 6:00

7& Step RF fwd (7), Step LF fwd (&) 6:00

[8 – 14] Rocking Chair, Step ½ Pivot, Point R Fwd

1-2 Step RF fwd (1), Recover on LF (2) 6:00 3-4 Step RF back (3), Recover on LF (4) 6:00

5-6-7 Step RF fwd (5), Make ½ turn L stepping on LF (6), Point R toes fwd (7) 12:00

Ending You will be dancing A-B-C-A-B

When you will do the last 2 C, you will dance only 13 counts, so you will have to skip the last Point R fwd to restart part C.

When you will dance the last C, you will dance the first 7 counts, and to finish the dance you will add one step ½ pivot L

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