New Boot Goofin'

级数: Low Intermediate

编舞者: Jasper Morrow (USA) - April 2024

音乐: New Boot Goofin' (From "American Song Contest") - Ryan Charles

Intro: 19 seconds

After he's done talking, 4 beat lead in (5, 6, 7, 8) step on the word goofin'

墙数:4

[1-8]: Cross Heel Grind x 2, Heel Switches, Press and Hitch and 1/2 Turn

- 1, 2& Cross R heel over LF and grind heel ¹/₈ turn right, Recover LF, Step RF together
- 3, 4& Cross L heel over RF and grind heel 1/2 turn left, Recover RF, Step LF together
- 5&6& R heel forward, RF together, L heel forward, LF together
- 7&8 Press or point RF to right side, Hitch R knee and make ½ turn right, Step RF together

[9-16]: Cross Heel Grind x 2, Weave, Vaudeville 1/4 Turn

- 1, 2& Cross L heel over RF and grind heel 1/8 turn left, Recover RF, Step LF together
- 3, 4& Cross R heel over LF and grind heel 1/2 turn right, Recover LF, Step RF together
- 5&6& Cross LF over RF, Step RF to R side, Cross LF behind RF, Step RF to R side*
- 7&8& Cross LF over RF, Step RF to R side, L heel to L, Step LF to L side making 1/4 turn left

*styling option: cross shuffle for 5&6 making every LF cross in front of rf

[17-24]: Wizard, Scuff and Hitch, Knees and Hitch ¼ Turn, Coaster Step

- 1, 2& Step RF forward, Lock LF behind RF, Step RF forward
- 3&4 Scuff LF forward, Hitch L knee making ¼ turn right, Step LF together
- 5&6 Turn knees out, Turn knees in, Press into LF hitch R knee while making a ¼ turn right
- 7&8 Step RF Back, Step LF together, Step RF Forward

[25-32]: Scissor Steps, Pony Steps Forward x4

- 1&2 Step LF to left side, Step RF together, Cross LF over RF
- 3&4 Step RF to right side, Step LF together, cross RF over LF
- 5&6& Step LF forward hitching RF, Step RF down on ball of foot, Step LF forward hitching RF, Step RF down on ball of foot
- 7&8 Step LF forward hitching RF, Step RF down on ball of foot, Step LF forward hitching RF

Tag: 4 count tag at the end of wall 4 (12 o'clock)

[1-4] Pony Back x3, Stomp x2

- 1&2& Step RF back hitching LF, Step LF down on ball of foot, Step RF back hitching LF, Step LF down on ball of foot
- 3&4 Step RF back hitching LF, Stomp LF, Stomp RF together

Alternate Tag (Easy):

1,2,3,4: walk back R, L, stomp R, stomp L

Last Update: 30 Oct 2024





拍数: 32