

Locked Up

拍数: 32 墙数: 2 级数: Improver
编舞者: Lucy Cooper (UK) - April 2024
音乐: Locked Up - Sam Hunt



Intro: 16 counts

Cross w. Sweep, Cross, Side, Back w. Sweep, Back, Side, Cross Side Together x2

- 1 2a Cross L over R sweeping R forward, cross R over L, step L to L side (slightly back)
- 3 4a Cross R behind L sweeping L back, cross L behind R, step R to side (slightly back)
- 5a 6 Cross L over R, step R side & slightly back, close L next to R (facing left diagonal)
- 7a 8 Cross R over L, step L to L side & slightly back, close R next to L (facing right diagonal)

(Note: This entire section should travel slightly backwards)

Step Kick, Back, Ball, Back Rock, Recover, Side Rock 1/8 L, Recover, Cross, Side, Behind w. Sweep, L Sailor Step

- 1 2 Step L forward lifting R forward into slow kick, step R back (still facing right diagonal)
- a3 4 Ball step L back, rock back onto R, recover onto L
- 5a Side rock onto R turning 1/8 L (squaring up to front 12.00 wall), recover onto L
- 6a 7 Cross R over L, step L to L side, step R behind L sweeping L back
- 8&a Step L behind R, step R to R side, step L to L side

Back w. Sweep, Behind, 1/4 R, Side Drag, R Sailor Step, Back w. Sweep, Behind, 1/4 L, 1/4 L Drag, Together, Cross

- 1 2a Cross R behind L sweeping L back, cross L behind R, step R forward turning 1/4 R (3:00)
- 3 Big step L to L side slowly dragging right in (option: Arms push out to sides)
- 4&a (R sailor) Cross R behind L, step L to L side, step R to R side
- 5 6a Cross L behind R sweeping R back, cross R behind L, step L forward turning 1/4 L
- 7 Big step R to R side slowly dragging left in turning 1/4 L (option: Arms push out to sides) (9:00)
- 8a Step L in place, cross R over L

Back Sweep 1/4 R, Back Rock, Recover, Back Sweep 1/4 L, Back Rock, Recover, Spiral 3/4 R, Step Sweep, Step Sweep, Twinkle

- 1 2& Step L back turning 1/4 R sweeping R back, back rock onto R, recover onto L (12:00)
- 3 4& Step R back turning 1/4 L sweeping L back, back rock onto L, recover onto R (9:00)
- 5 6 Step L hooking R in spiral turning 3/4 R, step R sweeping L forward (6:00)
- 7 8&a Step L sweeping R forward, Cross R over L, Rock L to L side, recover onto R

REPEAT