

Champagne Cowgirl

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner / Improver
编舞者: Tommy G. Parker (USA) & Colleen Grant (USA) - February 2024
音乐: Champagne - Zymba



#16 count intro (dance begins on lyrics, approx. 8 secs. into track).

NO TAGS

RESTART — 5th Wall after 16 counts

[1 – 8] RF ROCK/STOMP (LEFT DIAGONAL/CHEST OUT/SIPPING “CHAMPAGNE), LF RECOVER. RF SHUFFLE RT WITH ½ TURN (CW). LF STEP FORWARD INTO A BODY ROLL, THEN WEIGHT ON RF. LF COASTER STEP.

- 1, 2 RF step at L diagonal, push chest out like “superman,” right hand raised pretending to sip champagne. [1]. Rock back on LF [2] — 12:00
- 3 & 4 Shuffle R with ½ Turn (CW) [3 & 4] — 6:00
- 5, 6 LF step forward [5] with a Body Roll, weight on RF [6] (easier option: LF rock forward/RF recover) — 6:00.
- 7 & 8 LF step back [7], RF step next to LF [&] LF step forward [8] (aka: Coaster Step) — 6:00.

[9 – 16] RF STOMP, HIP SHAKE (or hold), LF BEHIND, RF SIDE, FEET TOGETHER. RF STOMP AGAIN, HIP SHAKE (hold), LF BEHIND, RF SIDE, FEET TOGETHER.

- 1, 2 RF stomp to the right [1], Hold (or shake hips) [2] — 6:00.
- 3 & 4 LF step behind RF [3], RF step next to LF [&], LF step next to RF [4] — 6:00.
- 5, 6 RF stomp to the right [5], Hold (or shake hips) [6] — 6:00.
- 7 & 8 LF step behind RF [7], RF step next to LF [&], LF step next to RF [8] — 6:00.

[17 –24] RF THREE PADDLE STEP ½ TURN (CCW), RF STOMP. LF THREE PADDLE STEP ½ TURN (CW), LF STOMP.

- 1, 2, 3 RF step three times pivoting ½ turn (ccw) around LF [1, 2, 3] — 6:00.
- 4 Stomp RF [4] — 6:00.
- 5, 6, 7 LF step three times pivoting ½ turn (cw) around RF [5, 6, 7] — 6:00.
- 8 Stomp LF [8] — 6:00.

[25 – 32] LF CROSS AND HEEL, RF CROSS AND HEEL, HIP SWAY (RIGHT-LEFT, RIGHT-LEFT)

- 1 & 2 & LF cross over RF [1], RF hop beside LF [&], LF heel forward [2], LF step next to RF [&]— 6:00
- 3 & 4 & RF cross over LF [3], LF hop beside RF [&], RF heel forward [4], RF step next to LF [&]— 6:00
- 5, 6 Sway hips to right [5]. Sway hips to left [6] — 6:00
- 7, 8 Sway hips to right [7]. Sway hips to left [8] — 6:00