

The Door (Show Me)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Rick Dominguez (USA) - April 2024
音乐: The Door - Teddy Swims



No Tags, No Restarts

[1-8] Modified V-Step w/Coaster Step, Rocking Chair

- 1-2 Step out R to right diagonal, step out L to left diagonal
- 3&4 Step R back to center, step L next to R, step R slightly forward
- 5-6 Rock L forward, recover weight on R
- 7-8 Rock L back, recover weight on R

[9-16] Rock Recover, ½ Triple Run, ¼ Hip Roll X2

- 1-2 Rock L forward, recover R
- 3&4 Rotate over left shoulder ½ turn stepping L,R,L (all moving to back wall) [6:00]
- 5-6 Step R forward, roll hips ¼ turn to the left
- 7-8 Step R forward, roll hips ¼ turn to the left (now facing 12:00 again)

[17-24] Side Rock Recover, Weave, Step Side Body Roll, Ball Step, Touch

- 1-2 Rock R to right side, recover L
- 3&4 Step R behind L, step L to left side, cross R over L
- 5-6& Step L to left side, roll upper body sideways to the left on 6, step R next to L on &
- 7-8 Step L to left side, touch R toe behind left (as you look to the left, *styling option)

[25-32] Sway, Sailor Step, Weave, ½ Pivot Turn

- 1-2 Step R to right side as you sway hips to the right, recover weight on L as you sway hips to the left
- 3&4 Step R behind L, recover weight on L, step R to right side
- 5&6 Step L behind R, step R to right side, cross L over R
- 7-8 Slowly unwind over the right shoulder with weight on R to face back wall, as you finish the rotation (6:00) shift weight onto the L to end the dance.

*For styling on last 2 counts, as you cross L over R (5&6), prep for a 1-1/2 spin over R shoulder, transferring weight to L on 8.

Contact: Oneraddj@gmail.com

Last Update: 1 Sep 2024