A Crazy World

拍数: 64

级数: Improver

编舞者: Bev Vinge (AUS) - April 2024

音乐: Crazy World - DJ Bobo

SIDE, ROCK, CROSS, HOLD, SIDE, ROCK, CROSS, HOLD

- 1,2,3,4 Step R to side, Rock on L, Cross R over L, Hold,
- 5,6,7,8 Step L to side, Rock on R, Cross L over R, Hold.

BACK, LOCK, BACK, HOLD, COASTER STEP, HOLD

- 1,2,3,4 Step R back, Lock L over R, Step R back, Hold,
- 5,6,7,8 Step L back, Step R together, Step L forward, Hold.

FORWARD MAMBO, HOLD, BACK MAMBO, HOLD

- 1,2,3,4 Step R forward, Rock back on L, Step R together, Hold,
- Step L back, Rock forward on R, Step L together, Hold. 5,6,7,8

SIDE MAMBO, HOLD, SIDE MAMBO, HOLD

- 1,2,3,4 Step R to side, Rock on L, Step R together, Hold,
- * Step L to side, Rock on R, Step L together, Hold. 5,6,7,8

RUMBA BOX BACK, HOLD, RUMBA BOX FORWARD, HOLD

- 1,2,3,4 Step R to side, Step L together, Step R back, Hold,
- 5,6,7,8 Step L to side, Step R together, Step L forward, Hold.

SHUFFLE FORWARD, HOLD, 1/4 TURN CROSS SHUFFLE, HOLD

- 1,2,3,4 Shuffle forward: R-L-R, Hold,
- 5,6,7,8 Turn ¼ Left Cross Shuffle L over R: L-R-L, Hold. (9:00)

SIDE, HOLD, ROCK, HOLD, BEHIND, SIDE, CROSS, HOLD

- 1,2,3,4 Step R to side, Hold, Rock on L, Hold
- 5,6,7,8 Step R behind L, Step L to side, Cross R over L, Hold.

SIDE, HOLD, ROCK, HOLD, BEHIND, SIDE, CROSS, HOLD

- 1,2,3,4 Step L to side, Hold, Rock on R, Hold,
- 5,6,7,8 Step L behind R, Step R to side, Cross L over L, Hold. (9:00)

[64] Repeat

RESTART: On Wall 7 (6:00) dance to Count 32 (*) and Restart.





墙数:4