Lainey's Country Cool

级数: Phrased Intermediate

编舞者: Silje Meldal (NOR) - April 2024

音乐: Country's Cool Again - Lainey Wilson

墙数:4

拍数: 80

(start on lyrics, aprox. 18sec)

Sequence: ABA, Tag 1, ABAB, Tag 2, CAB

Part A - 32 counts

[1-8] Dorothy R & L, Heel Switches & Scuff, Hitch, Touch

- 1,2& Step RF to R diagonal (1), Lock LF behind RF(2), Step forward on RF(&)(01.30)
- 3,4& Step LF to L diagonal(3), Lock RF behind LF(4), Step forward on LF(&)(10.30)
- 5&6& Dig R heel forward(5), Step RF next to LF(&) Dig L heel forward(6) Step LF next to RF(&)(12.00)
- 7&8 Scuff RF(7), Hitch R knee(&) Touch RF next to LF(8)

[9-16] Step, Behind, ¼ Turn, Pivot ½ Turn, ¼ turn, Step, Behind & Cross, Step

- 1,2& Step RF to R(1), Step LF behind RF(2) ,Turn ¼ and step RF forward(&) (03.00)
- 3,4 Step forward LF(3), Pivot ¹/₂ turn R weight on RF(4) (09.00)
- 5,6 Turn ¼ R and Step LF to L, Step RF behind LF(6) (12.00)
- &7,8 Step LF to L(&) Step RF across LF(7), Step LF to L(8) (12.00)

[17-24] Heel Dig, Coaster step, Heel Dig, Coaster step

- 1,2 Dig R heel forward(1,2) (12.00)
- 3&4 Step RF back(3) Step LF next to RF(&) Step RF forward(4) (12.00)
- 5,6 Dig L heel forward(5,6) (12.00)
- 7&8 Step LF back(7), Step RF next to LF(&), Step LF forward(8) (12.00)

[25-32] Rock step, Behind & Cross, Rock step, Behind & 1/4 turn

- 1,2 Rock RF to R(1) Recover to LF(2) (12.00)
- 3&4 Step RF behind LF(3) Step LF to L(&) Step RF across LF(4) (12.00)
- 5,6 Rock LF to L(1), Recover to RF(2) (12.00)
- 7&8 Step LF behind RF(7), Step RF ¼ to R(&) Step LF forward(8) (03.00)

Part B - 16 counts

[1-8] Up and down hips «C»

- 1-4 Touch RF forward and bump hips up(1), Bump hips down(2), Bump hips up(3), Bump hips down and weight on RF(4) (03.00)
- 5-8 Touch LF forward and bump hips up(5), Bump hips down(6), Bump hips up(7), Bump hips down and weight on LF(8) (03.00)

[9-16] Kick Ball Point x2, Paddle 1/4 turn with Hitch & Slap x2, Walk, Walk

- 1&2 Kick RF forward(1), Step RF next to LF(&) Point LF to L(2) (03.00)
- 3&4 Kick LF forward(3), Step LF next to RF(&), Point RF to R(4) (03.00)
- 5& Touch RF forward(5), Turn ¼ to L, Hitch R knee & slap RH on knee(&) (12.00)
- 6& Touch RF forward(6), Turn ¼ to L, Hitch R knee & slap RH on knee(&) (03.00)
- 7,8 Walk forward RF, LF(7,8) (09.00)

Part C - 32 counts

[1-8] Stomp, Flick & Clap, Step, Hitch & Clap, Sailor, Sailor 1/4 turn

1&2&Stomp RF(1) Flick LF behind & clap(&), Step LF back(2), Hitch R knee & clap(&)3&4&Stomp RF(3) Flick LF behind & clap(&), Step LF back(2), Hitch R knee & clap(&)



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5&6 Step RF back(5), Step LF next to RF(&), Step RF slightly to R(6) 7&8 Step LF back(7) turn ¼ to L & Step RF next to LF(&), Step LF slightly to L(8)

- [9-16] Repeat 1-8
- [17-24] Repeat 1-8

[25-32] Repeat 1-8

Tag 1

1-6 Walk forward RF, LF(1,2) Step RF forward(3) Turn ½ to L(&), Step forward RF(4), Walk forward LF(5), Touch RF next to LF(6)

Tag 2

1-2 Stomp RF, LF(1,2)

END OF DANCE, It may look harder than it is! Enjoy the dance and this cool song □ If you want to make it an easy dance for beginners, you can dance part A through the song. Do Lock steps instead of Dorothy, and in section 9-16 you can do a Vine with touch to R and L. On wall 3 you can dance to count 20 (Coaster step), Step L forward, hold and restart the dance. After wall 7 hold for 2 counts and start over. Contact: silje@rondane-linedance.no

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