

D.C. Shuffle

拍数: 32 墙数: 4 级数: Improver
编舞者: Christina Walker (UK) - April 2024
音乐: You Turn Me On - Tim McGraw
或: Baby Please Come Home - Scooter Lee



[1-8] Right side shuffle, rock, recover, left shuffle, rock, recover

1&2 Step right to right side, bring left next to right, step right to right side
3-4 Rock left back behind right, recover on right
5&6 Step left to left side, bring right next to left, step left to left side
7-8 Rock right back behind left, recover on left

[9-16] Monterey turn x 2

9&10 Point right to right side, bring right foot back to left foot as you pivot $\frac{1}{2}$ turn on the ball of your left foot over your right shoulder, recover on right
11-12 Point left to left side, step left next to right
13-16 Repeat above steps

[17-24] Right forward shuffle, step $\frac{1}{2}$ turn, left forward shuffle, step $\frac{1}{2}$ turn

17&18 Step forward on right, bring left up behind right, step forward on right
19-20 Step forward on left, pivot $\frac{1}{2}$ turn right shoulder, weight on right
21&22 Step forward on left, bring right up behind left, step forward on left
23-24 Step forward on right, pivot $\frac{1}{2}$ turn over left shoulder weight on left

[25-32] Jazz box, jazz box $\frac{1}{4}$ turn

25-28 Cross right over left, step back on left, step right to right side, step left to left side.
29-32 Cross right over left, step back on left, step right $\frac{1}{4}$ turn right, step left to left side.

Start Again

This dance has not been written to one particular song/music, so find something you like and go with it. Enjoy.

Last Update: 19 Apr 2024
