Feelin' Electric

拍数: 32

级数: Improver

编舞者: Marika Eriksen (SWE) - April 2024

音乐: Electric - Darin

Intro: 8 secs/16 counts

[1-8] Chasse, cross behind R + Chasse, cross behind L

- Step RF to R, step LF next, to RF, step RF to R 1&2
- 3-4 Cross rock LF behind RF, recover on RF
- 5&6 Step LF to L, step RF next to LF, step LF to L
- 7-8 Cross rock RF behind LF, recover on LF

[9-16] Kick-ball-change, Step turn 1/2, Jazz box

- 1&2 Kick RF forward, step on Ball of RF next to LF, step LF in place
- 3-4 Step RF forward, recover on LF turning 1/2 to L, now facing 06:00
- 5-6 Cross RF over LF, Step LF back
- 7-8 Step RF to R, Cross LF over RF

[17-24] Lock step fwd, Step touch, Step turns bwd 1/1

- 1&2 Step RF fwd, lock LF behind RF, step RF fwd
- 3-4 Step LF fwd, Touch RF next to LF
- 5-6 Step RF bwd turning 1/4 to R, Step LF fwd turning 1/2 to R
- 7-8 Step RF bwd turning 1/4, Step LF next to RF, facing 06:00 again

[25-32] Mambo R, Mambo L, Rock back, Rock fwd with 1/4 turn

- 1&2 Step out to R on RF, Recover on LF, Step RF next to LF
- 3&4 Step out to L on LF, Recover on RF, Step LF next to RF
- 5-6 Rock back on RF, Recover on LF
- Rock fwd on RF, Recover on LF with a 1/4 turn to L, facing 03:00 7-8
- (Option:
- Rock back on RF with a 1/4 turn, facing 09:00, Recover on LF with a 1/4 turn, facing 06:00) 5-6

Restart after 16 counts of wall 2 and 6.

Remember to have fun!

Last Update: 21 Apr 2024





墙数:4