The Door



编舞者: Amy Christian (USA) - April 2024

音乐: The Door - Teddy Swims



(No tags or restarts).

Intro 32 counts.

BACK/SWIVEL, TOUCH, BACK/SWIVEL, TOUCH, ROCK BACK, RECOVER, TRIPLE FORWARD,

1-2	Step R diagonally back as you swivel L heel out, Touch L next to R,
3-4	Step L diagonally back as you swivel R heel out, Touch R next to L,

5-6 Rock back on R, Recover on L,

7&8 Shuffle forward R-L-R,

ROCK FORWARD, RECOVER, 1/2 TRIPLE, PIVOT 1/4, ACROSS, SIDE,

1-2	Rock L forward, Recover on R,
3&4	Make a ½ shuffle turning left, L-R-L, [6:00],
5-6	Step R forward, Pivot ¼ left on L, [3:00]
7-8	Step R across L. Step L out to left side.

TWIST, TWIST, SLIDE, TOGETHER, ROCKING CHAIR,

1-2	Twist heels to left side. Twist toes to left side.
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3-4 Take a big step to R side as you slide right - dragging L, Step L next to R,

5-8 Rocking Chair R-LR-L (with prep for those who are doing the turns),

1/2, 1/2, 1/2, ROCK FORWARD, RECOVER, BACK, TOGETHER,

1-2	1/2 Turn left on R [9:00], continue to make another 1/2 turn left as you step L NEXT to R [3:00],
3-4	1/2 Turn left on R [9:00], continue to make another 1/2 turn left as you step L NEXT to R [3:00],

(* No Spin Option 1-4 – FORWARD, TOGETHER, FORWARD, TOGETHER

1-2	Step R forward, Step L NEXT to R,
3-4	Step R forward, Step L NEXT to R,)
5-6	Rock forward on R, Recover on L,
7-8	Step back on R, Step L NEXT to R,

Start over!

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