A Lifetime Promise



拍数: 32 **墙数:** 4 **级数:** Beginner

编舞者: Beatriz Gonzalez Paradell (UK) - April 2024

音乐: Solo - Myles Smith



Intro: 16 count intro

[1-8] R RUMBA BOX FWD, HOLD, L RUMBA BOX FWD, SCUFF

1 - 2	Step RF to R side, step LF next to RF	=
1 - 2	SIED NE IU N SIUE. SIED LE HEXI IU NE	⁻.

- 3 4 Step fwd RF, hold (Instead of hold, you can tap/scuff LF)
- 5 6 Step LF to L side, step RF next to LF,
- 7 8 Step fwd LF, Scuff with RF

[9-16] STEP, TAP, STEP, KICK, SLOW COASTER, TOUCH

1 - 2	Step RF forward, tap LF behind RF,
3 - 4	Step back on LF, kick RF forward
5 - 6	Step back RF, step LF next to RF,
7 - 8	Step forward RF, Touch LF next to RF

[17-24] 1/4 MONTEREY L, JAZZ BOX

1 - 2	Point LF to L side	turn ¼ Lon RF	f stepping LF next to R
1 - 2		5. LUITI /4 L OII INI	SIGNOTHIA FLI HEXL TO L

- 3 4 point RF to R side, Touch RF next to LF
- 5 6 Cross RF over LF, Step LF back,
- 7 8 Step RF to right side, Touch LF next to RF

[25-32] ½ L, STEP, SCUFF, STEP, SCUFF, STEP, TOUCH

1	- 2	1/2 Turn left step LF forward 1/2 Turn left step RF forward
	- /	4 TUILLEU SIEU LE TOLWALO /4 TUILLEU SIEU DE TOLWALO

3 - 4 step forward LF, Scuff with RF

5 - 6 step RF diagonally to R, scuff LF next to RF

7 - 8 step LF diagonally to L, Touch RF next to LF

AND START AGAIN

ENJOY!!