Craziness (Best Trip to Poland)

级数: Improver

编舞者: Silvia Schill (DE) - April 2024

拍数: 32

音乐: Wildflowers and Wild Horses - Lainey Wilson

墙数:4

Note: The dance begins after 16 beats at 'In the middle of the night'

S1: Rock forward, shuffle in place turning full r (coaster step), cross, side, behind-side-1/4 turn r

- 1-2 Step forward with the right weight back on the left foot
- 3&4 3 steps on the spot, making a full rotation to the right (r I r) (Option: Coaster Step)
- 5-6 Cross left foot over right step to right with right
- 7&8 Cross left foot behind right step to the right with the right, ½ turn to the right and step forward with the left (1:30)

S2: Rock forward, shuffle back turning ½ r, step, ½ turn I, ¼ turn I/chassé I

- 1-2 Step forward with the right weight back on the left foot
- 3&4 ¹/₄ turn to the right and step to the right with the right put the left foot next to the right, ¹/₄ turn to the right and step forward with the right (7:30)
- 5-6 Step forward with the left $\frac{1}{2}$ turn to the left and step backwards with the right (1:30)
- 7&8 1/₂ turn to the left and step to the left with the left put the right foot next to the left and step to the left with the left (12 o'clock)

(Restart: In the 5th round 12 o'clock - stop here and start again)

S3: Jazz box with cross, chassé r, ¼ turn l/chassé l

- 1-2 Cross right foot over left step backwards with left
- 3-4 Step right with right Cross left foot over right
- 5&6 Step to the right with the right Put the left foot next to the right and step to the right with the right
- 7&8 1⁄4 turn to the left and step to the left with the left put the right foot next to the left and step to the left with the left (9 o'clock)

S4: Step, touch behind-back-heel & step, rocking chair

- 1-2 Step forward with the right tap the toe of the left foot behind the right foot
- &3 Step backwards with left and right heel tap in front
- &4 Place your right foot next to your left and step forward with your left
- 5-6 Step forward with right weight back on left foot
- 7-8 Step backwards with right weight back on left foot

Repeat until the end and have fun and don't vergot to smile :)

Last Update: 14 May 2024



