

Favorite

拍数: 32 墙数: 4
编舞者: Vee Trias (INA) - April 2024
音乐: favorite - Isabel LaRosa

级数: Beginner/Improver



Intro : 8c - No Tags - No Restarts

S1. WALK (R-L) - WEAVE WITH SWEEP - ROCK STEP

1-2 Walk forward R, Walk forward L
3&4& Cross R over L, Step L to side, Cross R behind L, Sweep L back
5&6 Cross L behind R, Step R to side, Step L forward
7-8 Rock R forward (option: doing with body roll), Recover on L

S2. SAILOR STEP - ¼ TURN L SAILOR STEP - FORWARD MAMBO WITH HITCH - COASTER STEP

1&2 Cross R behind L, Step L together, Step R to side (weight on R)
3&4 Cross L behind R, ¼ turn L step R together, step L forward
5&6 Rock R forward, Recover on L, Step R back and hitch L knee up
7&8 Step L back, Step R together, Step L forward

S3. DIAGONAL FORWARD LOCK SHUFFLE (R-L) - PIVOT TURN ½ L - LOCK SHUFFLE

1&2 Step R diagonal forward, Lock L behind R, Step R diagonal forward
3&4 Step L diagonal forward, Lock R behind L, Step L diagonal forward
5-6 Step R forward, ½ Turn left weight on L
7&8 Step R forward, Lock L behind R, Step R forward

S4. ROCK FORWARD - RECOVER - COASTER STEP - V STEP

1-2 Rock L forward (option: doing with body roll), Recover on R
3&4 Step L back, Step R together, Step L forward
5-8 Step R diagonal forward, Step L diagonal forward, Step R back to center, Step L together

Repeat

Have fun and happy dancing!
