

Arms of Mary (aka (40 Dogs) Like Romeo and Juliet)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Ellen Fyrand (NOR) - April 2024
音乐: Arms of Mary - Smokie



****2 Tags and 2 Restarts**

Sec 1+2: Figure of 8 (over 16 Counts)

- 1-4 Step RF to Side (1), Cross Back with LF (2), 1/4 Turn R and Step FW on RF (3), Hold (4) [3:00]
5-8 Step FW on LF (5), 1/2 Turn R and Step FW on RF (6) [9:00], 1/4 Turn R and Step LF to Side (7) [12:00], Sweep RF behind LF (8)
9-12 Cross RF behind LF (9), 1/4 Turn L and Step FW on LF (10:00), Step FW on RF (11), [9:00] 1/2 Turn L With Weight on RF (12) [3:00]
13-16 Step FW on LF (13), 1/4 Turn L and Step RF to Side (14) [12:00], Cross LF behind (15), Slide RF to Side with Weight on LF (16)

Sec 3: K Step with Touch

- 1-4 on R Diag Step FW on RF (1), Touch LF beside (2), on L Diag Step Back on LF (3), Touch RF beside (4)
5-8 on R Diag Step Back on RF (5), Touch LF beside (6), on L Diag Step FW on LF (7), Touch LF beside (8)

Sec 4: Rocking Chair, Jazzbox 1/4 Turn R

- 1-4 Rock FW on RF (1), Recover to LF (2), Rock Back on RF (3), Recover to LF (4)

***Restart her in Wall 2 and 5**

- 5-8 Cross RF in Front (5), 1/8 Turn R and Step Back on LF (6), 1/8 Turn R and Step RF to Side (7) [3:00], Cross LF in Front (8)

***Restarts on Wall 2 [3:00] and 5 [9:00]**

***4 Count Tag after Wall 3 and 6: Sway R (1-2) -L (3-4)**

Contact: efyrand@gmail.com