I'm Back like a Boomerang

级数: High Beginner

编舞者: Astrid Sjöström (SWE) - April 2024

音乐: Boomerang (feat. Jay Smith) - Smash Into Pieces

墙数:4

或: Back To My Roots - Jay Smith

Intro: 16 counts

SEC. 1 WALK 1/8 x 2 R, L - SHUFFLE 1/4 TURN R - WALK 1/8 x 2 L, R - SHUFFLE 1/4 TURN R

- 1 2 Turn 1/8 R stepping fwd R (1) turn 1/8 R stepping fwd L (2) Facing (03:00)
- 3 & 4 1/4 turn R stepping fwd R (3) step L next to R (&) step fwd R (4) Facing (06:00)
- 5 6 Turn 1/8 R stepping fwd L (5) turn 1/8 R stepping fwd R (6) Facing (09:00)
- 7 & 8 1/4 turn R stepping fwd L (7) step R next to R (&) step fwd L (8) Facing (12:00)

Tag after wall 1: dance sec. 1 then start wall 2

SEC. 2 WALK R, L - R BACK SHUFFLE - WALK L, R- L BACK SHUFFLE

- 1 2 Step R diagonal fwd R (1) step L diagonal fwd R (2) Facing (12:00)
- 3 & 4 Step diagonal back on R (3) step L next to R (&) step diagonal back on R (4) Facing (12:00)
- 5 6 Step L diagonal fwd L (5) Step R diagonal fwd L (6) Facing (12:00)
- 7 & 8 Step diagonal back on L (7) step R next to L (&) step diagonal back on L (8) Facing (12:00)

SEC. 3 R SIDE ROCK STEP - 1/4 TURN L - HEELS SWIVELS - R FWD - KICK - COASTER STEP

- 1 2 Step R to R side (1) 1/4 turn L on ball of R (2) wight ends on R Facing (9:00)
- 3 & 4 Swivel heels to L (3) swivel heels to R (&) swivel heels to L (4) wight ends on L Facing (9:00)
- 5 6 Step fwd R (5) kick L fwd (6) Facing (9:00)
- 7 & 8 Step back on L (7) step R next to L (&) step fwd L (8) Facing (9:00)

Restart here after 24 count during wall 3

SEC. 4 SIDE - CROSS OVER - CHASSÉ - SIDE - CROSS OVER - CHASSÉ

1 – 2	Step R to R side (1) cross step L over R and bend knees (2) Facing (9:00)
3 & 4	Step R to R side (3) L beside to R side (&) Step R to R side and sway hip to R (4) Facing (9:00)
5 – 6	Step L to L side (5) cross step R over and bend knees (6) Facing (9:00)
7 & 8	Step L to L side (7) step R beside L (&) Step L to L side and sway hip to L (8) Facing (9:00)

Start over again!

TAG AFTER WALL 1: Dance sec 1, 1-8 then start wall 2, (09.00)

RESTART: after 24 counts during wall 3

Ending sec 2 shuffle back with 1/4 turn to R, 12 o'clock

ALTERNATIVE SEC. 4: RUMBA BOX

1 – 2	Step R to R side (1) step L beside R (2)
3 & 4	Step R back (3) L beside R (&) R back (4)
5 – 6	Step L to L side (5) step R beside L (6)
7&8	Step L fwd (7) step R beside L (&) step fwd L (8)

Alternative music: Back to my roots – Jay Smith RESTART: after 24 counts during wall 3





拍数: 32

TAG after wall 7:

Step to R side, touch L beside R
Step to L side, touch R beside L

Ending: Turn ¼ to R side with R foot

Don't forget to like and subscribe □ Have fun & happy dancing!

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