Simply Sailing



拍数: 32 墙数: 2 级数: Intermediate

编舞者: Hanna Pitkänen (FIN) - April 2024

音乐: Sailing (feat. Jennifer Ewbank) - Douwe Bob



Start the dance after 16 counts, approx. 15 second into track.

Tag after wall 2 facing the front wall

Restart on wall 6 after 8 counts facing the back wall

[1-8]: Step L R, pivot ½ turn, ½ turn, sweep, behind, ¼ turn, step, ½ pivot, ¼ turn, behind		
1	Step RF forward (1)	
2	½ turn left as you recover weight to LF (2) 6.00	
3	½ turn stepping RF back as you sweep LF from front to back (3) 12.00	
4&	Step LF behind RF (4), ¼ right stepping RF forward (&) 3.00	
5,6	Step LF forward (5), ½ turn right recovering weight to RF (6) 9.00	

^{*}Restart here on wall 6 facing the back wall, recover weight to LF on count &

[9-16]: 1/4 turn, ster	n 1/2 nivot	point forward 1/2	turn noi	nt 1/2 turn	point 1/4 turn	sween cros	s sway R sway	<i>i</i> I
13-101. /4 tulli. 3tG	J. 72 DIVUL	Don't lorward. /4	E LUIII. DOI	III. 72 WIII	. DVIIII. /4 LUIII.	. awccu. ulua	o. ovvav iz. ovvav	_

&1	1/4 turn left stepping LF	forward (8) ston	DE forward (1) 0.00
αι	74 turri leri Stepping Lr	iorwaru (&), step	Kr 101Walu (1) 9.00

½ turn left transferring weight to LF (2), point RF forward opening body to left (3) 3.00 2,3

1/4 turn right stepping LF to side (7), step RF behind LF (8) 12.00

&4 Step RF forward (&), ¼ turn right as you point LF to side (&) 6.00

1/4 turn left stepping LF forward (&) 3.00 &

5 Continue turning 1/4 left as you point RF to side (5) 12.00

6 1/4 turn right replacing weight on RF as you sweep LF form back to front (6) 3.00

Cross LF over RF (7), sway right (8), sway left (&)

Optional hand movement for counts 5-6: cover both ears with your hands (5), push both hands away palms facing outwards (6)

[17-24]: Nightclub basic R, side, behind, touch back, unwind ½, sweep, ¼ turn, step, ¼ turn, together Step RF to side (1), step LF behind RF (2), cross RF across LF (&)

3,4	Step LF to side (3), step back RF (4)
&5	Touch LF back (&), unwind ½ turn left transferring weight to LF (5) 3.00
6,7	1/4 turn left sweeping RF from back to front (6), step RF forward (7) 6.00
8&	1/4 turn right as you step LF to side (8) close RF next to LF (&) 9.00

[25-32]: Cross, ¼ turn, ½ turn, step, step, pivot ½, full turn, step, prissy walk, walk R L

1,2	Cross LF over RF (1), ¼ turn left stepping RF back (2) 9.00
&3	½ turn left stepping LF forward (&), step RF forward (3) 12.00
4&	Step LF forward (4), ½ turn right transferring weight to RF (&) 6.00
5,6	Full turn right on LF as you sweep RF (5), step RF forward (6)
7,8	Step LF slightly over RF (7), step RF forward (8) 6.00

& Step LF forward (&)

Start again

TAG

1,2&

Comes after wall 2 facing 12.00

[1-4]: Rocking chair

1,2 Rock RF forward (1), recover weight to LF (2) 3,4 Rock back RF (3), recover weight to LF (4)

Have fun dancing!

