

COD AJAH

拍数: 32 墙数: 4 级数: Improver
编舞者: Katarina Sherrina (INA) & Liesna Jaya (INA) - April 2024
音乐: Cod Aja - Mala Agatha



TAG 1 (4C) : * After W1, W3 - after 16C, W6 - after 8C, W10 - after 16C

ROCKING CHAIR :

1234 Rock LF fwd, Recover on RF, Rock bwd on LF, Recover on RF

TAG 2. (8C) : After W14

ROCKING CHAIR , SIDE - TOUCH (L/R)

1234 Rock LF fwd, Recover on RF, Rock bwd on LF, Recover on RF

5678. Step LF to L side, Touch RF slightly behind LF, Step RF to R side, Touch LF slightly behind Rf

S1. ¼R. FORWARD ROCK - RECOVER - ¼L. LEFT CHASSE, ¼L. FORWARD ROCK - ½L. RECOVER - ¼L. RIGHT CHASSE

1 2 Turn ¼L. Rock fwd on LF , Recover on RF

3&4. Step LF to L side, Close RF beside LF, Step LF to L side

5 6 Turn ¼L. Rock fwd on RF , Turn ½L. Recover on LF

7&8 Turn ¼L. Step RF to R side, Close LF beside RF, Step RF to R side

S2. FORWARD - LOCK - FORWARD LOCK SHUFFLE, ROCK FORWARD - RECOVER, ¼R. SAILOR STEP

1 2. Step LF forward, Lock RF behind LF

3&4. Step Fwd Left, Lock Right behind L, Step Fwd Left

5 6. Rock RF , Recover on LF

7 & 8. Turning ¼L. Sweep RF behind LF, Rock LF to L side, Recover on RF

S3. RIGHT WEAVE , CROSS ROCK - RECOVER - CROSS SHUFFLE

1-4. Cross LF over LF, Step RF to R side, Cross LF behind RF, Step RF to R side

5-6. Rock cross LF over RF, Recover on RF

7&8. Cross LF over RF, Step RF to R side, Cross LF over RF

S4. SIDE ROCK - RECOVER, ½R. JAZZ BOX, CROSS SHUFFLE

1-2. Rock RF to R side, Recover on LF

3456. Cross RF over LF, Turn ¼R. Step back on LF, Turn ¼R. Step RF fwd, Step LF near to RF

7&8. Cross RF over LF, Step LF to L side, Cross RF over LF

Contact : sherrinaraymond@gmail.com & liesnajaya6@gmail.com

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