Highland Girl

拍数: 64

级数: Phrased Easy Intermediate

编舞者: Sascha Wolf (DE) - 2 May 2024

音乐: Highland Girl - Nathan Evans

Start direct with Locals

Phrased: AB AAB A*AAAB

PART A

Section 1: Step	Touch - Step Touch - Rumba Box - Step Touch - Step Touch - Scissor
1&2&	RF to side, LF touch to RF, LF to side, RF touch to LF,
3&4&	RF to side, LF close to RF, RF fwd, LF touch to RF
5&6&	LF to side, RF touch to LF, RF to side, LF touch to RF,
7&8	LF to side, RF close to LF, LF cross over RF, hold

Section 2: Scissor - Double Lock step - Mambo Step - Volta turn

1&2&3	RF to side, 1/4 turn left and LF close to RF, RF fwd, LF lock behind RF, RF fwd,

LF lock behind RF, RF fwd, LF fwd, RF back on place, 3/8 turn left LF to side

&7&8 RF to side on Ball, turn 3/8 to left and weight back to LF, Repeat with 1/4 turn

*Restart here in Wall 6. You have to turn a 1/4 before Restart with Section 1

Section 3: Scissor - Scissor - Turn with hitch - Chasse

1&23&4	RF to side, LF close to RF, RF cross over LF, hold, LF to side, RF to LF, LF cross over RF,
	hold
5&6&	1/4 turn to left RF back. L knee hitch. 1/2 turn to left RF side. L knee hitch.

7&8 1/4 turn to left RF to side, LF close to RF, 1/4 to left RF back

Section 4: Coaster Step - Heel Struts - Mambo Step - Run Run Run

- 1&23&4& LF back, RF close to LF, LF fwd, RF fwd heel strut, LF fwd Heel strut
- 5&67&8 RF fwd, LF back on place, RF close to LF, LF back, RF back, LF back

PART B (La di-di-di-di la di da)

Section 1: Kick Hock Kick Step - Kick Hock Kick Step - Cross chasseé - Turn

- 1&2&3&4& RF kick fwd RF hock in fron LF RF kick fwd RF to side, REPEAT other Leg
- 5&67&8 RF cross over LF, LF to side, RF cross over LF,
- 7&8 1/4 turn to left and LF fwd, RF back on place, 1/2 turn to left and LF fwd

Section 2: Point - Point- Heel - Heel

- 1&2& RF point to side, RF close to LF, LF point to side, LF close to RF
- 3&4& R heel dig fwd, RF close to LF, L heel dig fwd, LF close to RF
- 5&6&7&8 R to etouch back, RF close to LF, L heel dig fwd, Scuff RF with hitch, Stomp, Stomp

Section 3 & 4: Repeat Section B1&B2

Hope you have fun dancing this dance

Last Update: 6 May 2024





墙数:2