La Conoci Bailando

级数: Easy Intermediate

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音乐: La Conocí Bailando (feat. K-Narias) (Radio Edit) - Dr. Bellido

I. SIDE, TOGETHER, SIDE CHASEE, CROSS, RECOVER, 1/4 SAILOR TURN L

- 1-2 Step RF to side, step LF together RF
- 3&4 Step RF to side, step LF together RF, step RF to side
- 5-6 Step LF cross over RF, recover on RF
- 7&8 1/4 turn L stepping LF behind RF, step RF in place, step LF forward (9.00)

II. FORWARD, LOCK, LOCK SHUFFLE, FORWARD, 1/2, COASTER STEP

- 1-2 Step RF forward, step LF behind RF
- 3&4 Step RF forward, step LF behind RF, step RF forward
- 5-6 Step LF forward, 1/2 turn R (weight on LF)
- 7&8 Step RF backward, step LF beside RF, step RF forward (3.00)

III. BOTAFOGO, DIAMOND

- 1&2 Step LF cross over RF, step RF to side, step LF in place
- 3&4 Step RF cross over LF, step LF to side, step RF in place
- 5&6 Step LF cross over RF, step LF to side, 1/8 turn L stepping LF backward
- 7&8 Step RF backward, 1/8 turn L stepping LF to side, 1/8 turn L stepping R forward (10.30)

IV. DIAMOND, COASTER STEP, FORWARD, 1/2, 1/8, TRIPLE STEP

- 1&2 Step LF cross over RF, 1/8 turn L stepping LF to side, 1/8 turn L stepping LF backward (7.30)
- 3&4 Step RF backward, step LF beside RF, step RF forward
- 5-6 Step LF forward, 1/2 turn R (weight on RF) (1.30)
- 7-8& 1/8 turn R stepping LF to side, step RF together LF , step LF in place (3.00)





拍数: 32

墙数:4