Have A Blast



拍数: 64 墙数: 2 级数: High Intermediate

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音乐: Set It Off - Timomatic



Intro: 16 counts in (Approx 0.08 sec)

Note(s): There is a Restart on Wall 5 after 32 counts. Wall 7 will begin from Section 5.

#1 (1-8) R Side, L Behind & R Sweep, R Sailor Forward, R&L Swivel ¼ (L) & ¼ (R), R Back Pony Steps

1-2 Weight on LF: Step RF to R side (1), cross LF behind RF sweeping RF from front to back (2)

12.00

3&4 Cross RF behind LF (3), step LF to L side (&), step RF forward (4) 12.00

5-6 Swivel both heels to R turning ½ L (5), swivel both heels to L turning ½ R (6) 12.00

7&8 Step RF back while lifting L knee (7), step LF in place (&), step RF back while lifting L knee

(8) 12.00

#2 (9-16) L Recover & R Sweep, R Modified Jazz Box with L Cross, R Monterey ½ (R), L Side Rock Cross

1-2 Step LF in place sweeping RF from back to front (1), cross RF over LF (2) 12.00

3&4 Step LF back (3), step RF to R side (&), cross LF over RF (4) 12.00

5-6 Point R toes to R side (5), turn ½ R over R shoulder stepping RF next to LF (6) 6.00

7&8 Rock LF to L side (7), recover weight on RF (&), cross LF over RF (8) 6.00

#3 (17-24) R Side & ¼ (L), L Coaster Step, R-L Syncopated Forward Swivel

1-2 Step RF to R side (1), turn ¼ L over L shoulder on ball of both feet (2) 3.00

3&4 Step LF back (3), close RF next to LF (&), step LF forward (4) 3.00

Touch R heel forward (5), keeping weight on R heel and L toes, swivel R toes to R side and L

heel to L side (&), bring R toes and L heel back to center (6) 3.00

7&8 Touch L heel forward (7), keeping weight on L heel and R toes, swivel L toes to L side and R

heel to R side (&), bring L toes and R heel back to center (8) 3.00

#4 (25-32) R Cross, L-R Syncopated Side Rock, ¼ (L) with L Forward, R Pivot ½ (L)

1-3& Cross RF over LF (1), rock LF to L side (2), recover weight on RF (3), close LF next to RF (&)

3.00

4-5& Rock RF to R side (4), recover weight on LF (5), close RF next to LF (&) 3.00

6-8 Turn ¼ L stepping LF forward (6), step RF forward (7), turn ½ L over L shoulder (8) *** 6.00

Restart here on Wall 5. Begin the dance again, facing 6.00 o'clock.

#5 (33-40) R-L Forward Pimp Walk, R Hitch, R Hitch 1/4 (R), R Coaster Step

1-4 Step forward on RF (1), step forward on LF popping R knee forward (2), step forward on RF

(3), step forward on LF popping R knee forward (4) *** 6.00

Wall 7 starts from here.

5-6 Lift R knee beside LF (5), turn ¼ R lifting R knee beside LF (6) 9.00

7&8 Step RF back (7), close LF next to RF (&), step RF forward (8) 9.00

#6 (41-48) L Hitch, L Touch Unwind 1/4 (L), R Forward Kick Across X2, R Back Diagonal & L Heel Drag

1-4 Lift L knee beside RF (1), touch L toes back (2), turn ¼ L stepping LF in place for 2 counts

(3-4) - slightly bend both knees / body 6.00

5-6 Kick RF across L knee twice (5-6) 6.00

7-8 Step RF back to R diagonal (7), drag L heel towards RF (8) 6.00

#7 (49-56) L Ball, R Cross, L Forward Diagonal Press, L Heel Tap X2, L Forward Diagonal Kick, L Behind, R Side, L Cross Shuffle

&1-2 Close LF beside RF (&), cross RF over LF (1), press L toes forward to L diagonal (2) 6.00

3&4 5-6 7&8	Tap L heel in place twice (3-&), kick LF forward to L diagonal (4) 6.00 Cross LF behind RF (5), step RF to R side (6) 6.00 Cross LF over RF (7), step RF to R side (&), cross LF over RF (8) 6.00
#8 (57-64) R Forward Diagonal Press, Chest Pump X2, R Behind, L Side Rock & Recover, L Lock Unwind Full Turn (L)	
1-4	Press R toes forward to R diagonal (1), push chest forward twice (2-3), cross RF behind LF (4) 6.00
5-6 7-8	Rock LF to L side (5), recover weight on RF (6) 6.00 Lock LF behind R heel (7), make a full turn L over L shoulder (8) - keeping weight on LF 6.00