

Bonita Bonita eh

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Daniel Trepát (NL), José Miguel Belloque Vane (NL), Chloé Ourties (FR) & Anja Riste (NOR) - March 2024
音乐: BONITA - Daddy Yankee



Intro: 16 counts from first beat in music (app. 8 seconds into track)

[1 – 8] Cross Samba, Point switches, Jazz Box ¼ Turn L

1 & 2 Cross R over L (1), Step L to L side (&), Recover on R (2) 12:00
& 3 & 4 Step L next to R (&), Point R to R side (3), Step R next to L (&), Point L to L side (4) 12:00
5 – 8 Cross L over R (5), Turn ¼ L stepping R back (6), Step L to L side (7), Step R forward (8) 9:00

[9 – 16] Samba ½ Turn L Basic 2x, Mambo Fwd, Mambo Back

1 & 2 & Step L forward (1), Turn ½ L stepping R back (&), Step L back (2), Hitch R (&) 3:00
3 & 4 Turn ¼ L stepping R back (3), Turn ¼ L stepping L forward (&), Step R forward (4) 9:00
5 & 6 Rock L forward (5), Recover on R (&), Step L back (6) 9:00
7 & 8 Rock R back (7), Recover on L (&), Step R forward (8) 9:00

[17 – 24] Press Fwd, Step Back with Touch 2x, Hip Sways 4x

1 – 2 Press L forward on ball of foot (option: Rotate hip counter clockwise) (1), Recover on R (2) 9:00
& 3 & 4 Step L back (&), Touch R next to L (3), Step R back (&), Touch L next to R (4) 9:00
5 – 8 Step L to L side & sway hip L (5), Recover on R & sway hip R (6), Recover on L & sway hip L (7), Recover on R & sway hip R (8) 9:00

[25 – 32] L Half Circle 2 Walks & Shuffle, V Step

1 – 2 Turn ¼ L stepping L forward (1), Turn ¼ L stepping R forward (2) 3:00
3 & 4 Step L forward (3), Step R next to L (&), Step L forward (4) 3:00
5 – 8 Step R in R diagonal (5), Step L to L side (6), Step R back in (7), Step L next to R (8) 3:00

HAPPY DANCING!