

The Mermaid

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver - Celtic
编舞者: Gerard Murphy (CAN) - June 2024
音乐: The Mermaid - Calum MacPhail : (CD: At Last)



#16 Count Intro

POINT, HOLD, & POINT, HOLD, & ROCK RECOVER, SHUFFLE ½ R

1,2 Point R to R side (1), HOLD (2)
&3,4 Step R next to L (&), Point L to L side (3), HOLD (4)
&5,6 Step L next to R (&), Rock forward on R (5), Recover on L (6)
7&8 Shuffle ½ turn to R (7&8) (6:00)

POINT, HOLD, & POINT, HOLD, & ROCK RECOVER, SHUFFLE ¼ L

1,2 Point L to L side (1), HOLD (2)
&3,4 Step L next to R (&), Point R to R side (3), HOLD (4)
&5,6 Step R next to L (&), Rock forward on L (5), Recover on R (6)
7&8 Shuffle ¼ turn to L (7 8) (3:00)

CROSS OVER, SIDE L, CROSS BEHIND, STEP ¼ TURN L, STEP R FORWARD & STEP R FORWARD & STEP R FORWARD, SIDE L

1,2 Cross step R over L (1), Step L to L side (2)
3,4 Cross step R behind L (3), Step L to L side making a ¼ turn L (4) (12:00)
5&6&7 Step forward on R (5), Step forward on L toes behind R heel (&), Step forward on R (6), Step forward on L toes behind R heel (&), Step forward on R (7)
8 Step L to L side (8)

ROCK RECOVER, SHUFFLE ¼ R, HEEL & HEEL & HEEL, CLAP &

1,2 Cross rock R over L (1), recover on L (2)
3&4 Step R to R side (3), Step L next to R (&), Step R to R side making a ¼ turn R (4) (3:00)
5&6&7 Tap L heel forward (5), Step L next to R (&), Tap R heel forward (6), Step R next to L (&), Tap L heel forward (7)
8& Clap (8), Step L next to R (&)

Start Over!

TAG: Whenever the artist sings the words “below, below, below”, that’s your cue to then immediately do the TAG. It happens 5 times.

But you truly don’t need to remember a thing. Just listen for the words “below, below, below”!!!

End of Wall 2 (6:00) End of Wall 4 (12:00) | End of Wall 7 (9:00)

End of Wall 9 (3:00) End of Wall 10 (6:00)

1,2 Rock forward on R (1), Recover on L (2)
3&4 Shuffle ½ turn to R: (3&4)
5&6 Shuffle ½ turn to R (5&6)
7,8 Rock back on R (7), Recover on L (8) (to face same wall as the start of the tag)

Then restart the dance from the beginning.

ENDING: Dance the first 8 counts to end at (12:00)

Last Update: 3 Jul 2024

