

Sesso E Samba

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver
编舞者: Theresia (INA) - June 2024
音乐: SESSO E SAMBA - Tony Effe & GAIA



Intro : 16 Count

Sequence : AA BB CC AA BB CC BB CC C

PART A. 16 Count

S1. TOE TOUCH, BOTAFOGO

1-2 Touch R toe cross over L, Touch R toe to right side
3&4 Cross R over L, Rock L to side, Recover on R
5-6 Touch L toe cross over R, Touch L toe to left side,
7&8 Cross L over R, Rock R to side, Recover on L

S2. FORWARD, PIVOT 1/2 TURN LEFT, FORWARD, CLOSE, SAILOR STEPS R/L

1-2 Step R forward, Turn 1/2 left weight on L
3-4 Step R forward, Step L close beside R
5&6 Cross R behind L, Step L to left side, Step R to right side
7&8 Cross L behind R, Step R to right side, Step L to left side

PART B : 16 Count

S1. FORWARD, SWEEP, CROSS, STEP, BEHIND CROSS, HIP ROLL

1-2 Step R forward, sweep L forward
3-4 Cross L over R, Step R to right side
5-6 Cross L behind R, Step R to right side
7-8 Hip Rolling (Turn from right to left and finish with your weight on your left foot)

S2.SERPIENTE, 1/2 TURN RIGHT

1-2 Cross R over L, step L to left side
3-4 Step R Back, Sweep L From Front To Back
5-6 Cross L behind R, step R to right side
7-8 Cross L over R, 1/2 turn right (weight on L)

PART C : 16 Count

S1. FORWARD SHUFFLE R/L, STATIONARY SAMBA

1&2 Step R forward, step L behind R, Step R forward
3&4 Step L forward, step R behind L, Step L forward
5a6 Step R together, Rock L back, Recover on R
7a8 Step L together, Rock R back, Recover on L

S2. VOLTA TURN 1/2 RIGHT, SIDE MAMBO

1a2a step R forward, ball rock L behind R, 1/4 turn R step R forward, ball rock L behind R
3a4 1/4 turn R step R forward, ball rock L behind R, step R forward
5&6 Step L to left side, Recover on R, Step L next to R
7&8 Step R to right side, Recover on L, Touch R next to L.

Happy Dancing

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