My Last Shot

拍数: 32

级数: Beginner

编舞者: Dawn Searer (USA) - July 2024

音乐: What If - Matthew West

Intro: 8 counts (start on lyrics)

1 Tag (8 ct.) - end of Wall 5 (at 6:00)

S1: R SIDE TOE STRUT, L TOGETHER TOE STRUT w/ SNAPS (right) - 2x

- 1 2 3 4 R side toe strut/snap (1-2), L together toe strut/snap (3-4)
- 5 6 7 8 R side toe strut/snap (5-6), L together toe strut/snap (7-8)

S2: R SIDE ROCK, RECOVER; R EXTENDED WEAVE (left) w/ 1/4 TURN (left)

- 1 2 3 4 R side rock, L recover; R behind, L side
- 5 6 7 8 R cross over, L side, R behind, L 1/4 (left) forward (9:00)

S3: R/L SUGARFOOT (TOE HEEL), STOMP STOMP STOMP

- 1 2 3&4 R toe, R heel, stomp, stomp, stomp (RLR)
- 5 6 7&8 L toe, L heel, stomp, stomp, stomp (LRL)

S4: R/L STEP, TOUCH/SLAP THIGHS w/ 1/4 TURN (left), ROCKING CHAIR*

- 1 2 3 4 R fwd, L touch/slap thighs, L 1/4 side (left), R touch/slap thighs
- 5 6 7 8 R rock fwd, L recover, R rock back, L recover (6:00) *[TAG]

*TAG (8 ct.) end of Wall 5 (at 6:00) - Diagonal Step Touches: R/L FWD; R/L BACK

1 2 3 4 R diag. step, L touch/slap thighs, L diag. step, R touch/slap thighs

5 6 7 8 R diag. back, L touch/slap thighs, L diag. back, R touch/slap thighs

Ending: Wall 16 (starts at 6:00) - dance 12 cts. into S2 = R side rock, recover, behind, side; do quick chase turn - R fwd, 1/2 pivot (left), R forward stomp to finish at 12:00, on words "No What Ifs!"

Have Fun!!! [R & L denotes foot]

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Last Update: 19 Aug 2024





墙数:2