

If I Were Your Pup

COPPER KNOB
STEPPERS

拍数: 64 墙数: 1 级数: High Beginner / Low Improver
编舞者: Cassie Jones (USA) - July 2024
音乐: If I Were Your Pup (feat. Matt Hobbs) - Puppy Songs



Restart: Walls 2, 5, 6; Heart Tag Wall 3; Wag Tag Walls 4, 6
Intro: 16 counts

[S1] SKIPPING SECTION

[1-8] R SHUFFLE, L SHUFFLE, BACK SHUFFLE, FORWARD SHUFFLE

1&2 Step R to R side (1), step L beside R (&), step R to R (2),
3&4 Step L to L side (3), step R beside L (&), step L to L (4),
5&6 Step R back (5), step L beside R (&), step R back (6),
7&8 Step L forward (7), step R beside L (&), step L forward (8).

Style note: elevate your shuffles with a lilting, polka step

[S2] CHARLESTON SECTION

[9-16] FORWARD R STEP, KICK L, STEP L BACK, R TOUCH BACK, X2

1, 2 Step R forward (1), low L kick forward (2),
3, 4 Step L back (3), touch R behind L (4),
5-8 Repeat steps 1-4.

[S3] CARTWHEEL SECTION

[17-24] ROLLING VINE R WITH ARMS, WAVE, ROLLING VINE L WITH ARMS, WAVE

1, 2 Turn a $\frac{1}{4}$ R and step forward on R (1), continue turning $\frac{1}{2}$ R by stepping L back (2),
3, 4 Complete $\frac{1}{4}$ R turn and step R to R side (12:00) (3), touch L to R, wave raised L hand (4),
5, 6 Turn a $\frac{1}{4}$ L and step forward on L (5), continue turning $\frac{1}{2}$ L by stepping R back (6),
7, 8 Complete $\frac{1}{4}$ turn L and step L to L (12:00) (7), touch R to L, wave raised R hand (8).

Style note: as you turn to the side, side arm goes down while opposite arm goes up, continuing arm circles throughout rolling vine steps

(Non-turning option: step R to side, close L to R, step R to side, touch L to R; mirror to L)

[S4] ARM ROCKING SECTION

[25-32] TOUCH R KNEE, L KNEE, CROSS R TO L ELBOW, CROSS L TO R ELBOW, ROCK ARMS UP

1, 2 Touch R hand to R knee (1), touch L hand to L knee (2),
3, 4 Touch R hand to L inner elbow (3), touch L hand to R elbow (4), ending with arms crossed,
5, 6, 7, 8 Keeping arms crossed tilt R elbow up (5), then tilt up L (6), repeat moving up (7, 8).

End of Short Portion; Restart Walls 2, 5, 6

[S5] CONGA WALK SECTION

[33-40] WALK FORWARD R-L-R, L KICK, MIRROR BACK w/L TOUCH

1, 2, 3 Walk forward R-L-R (1-2-3),
4 Kick L forward (4),
5, 6, 7 Walk backward L-R-L (5-6-7),
8 Touch R to L (8).

[S6] TUG OF WAR SECTION

[41-48] MODIFIED K-STEP WITH SWAYS

1, 2 Step R to R diagonal (1:30) (1), big sway R as you touch L to R (2),
3, 4 Maintaining your diagonal, step L back to 12:00 with a big sway (3), touch R to L (4),
5, 6 Step R foot forward $\frac{1}{4}$ L turn to diagonal (11:30) (5), big sway R as you touch L to R (6),
7, 8 Step L back (7), touch R to L (8) (facing 11:30).

[S7] BALL TOSS SECTION

[49-56] SLOW-MOTION MIME BALL TOSS AND BASKET CATCH

- 1 Step R back with a backward lean (12:00) (1),
- 2 Point L toe forward, deepening the lean, while bringing R arm back as if holding a ball (2),
- 3 Shift weight forward L while bringing R arm forward as if tossing a ball (your choice of overhand or underhand throw) (3),
- 4-7 Slow-motion mime release ball into air, watch ball come down, arch R arm to knees (4-7),
- 8 Mime basket-catch by closing R foot to L bringing arms to chest, crouching downward (8).

[S8] CLOCK ARMS SECTION

[57-64] STRAIGHTEN UP, ARM R, L, UP, UP, DOWN w/PAW, X2, HIP WAGS

- 1-2 Weight split, stand up, reach R arm out to R/3:00 side, palm open (1),
- 2 Reach L arm out to L/9:00 side, palm open (2),
- 3-4 Move R hand overhead/12:00 (3), move L hand overhead/12:00 (4),
- 5 Snap R hand down under chin while cupping fingers to make a paw (5),
- 6 Snap L hand down under chin while cupping fingers to make a paw (6),
- 7&8 Bend knees, relax arms, sway hips L-R-L (weight ends L) (7&8).

END OF DANCE. REPEAT AND ENJOY!

RESTARTS: WALLS 2, 5, 6; TAGS: WALLS 3*, 4, 6****

***EXPLODING HEART TAG – 24 COUNTS (After Wall 3)**

- 1-4 Step R to R and extend R arm to R w/stop sign hand (1), hold, and shake head (2-4),
- 5-8 Extend L arm to L w/stop sign hand (5), hold, and shake head (6-8).
- 1-4 Slowly wilt down by bending at the waist while looking down and tucking arms in (1-4),
- 5-8 With elbows leading, slowly stand up and raise arms out to sides, moving upwards, as if opening wings (5-8).
- 1-3 With arms overhead, bring hands together to make a heart shape (1), hold (2-3),
- 4 Explode hands apart (4),
- 5-8 Arch arms from overhead to sides (5-7), fold arms across chest (8).

****WAG TAG – 16 COUNTS (After Wall 4; and After Wall 6 to end of dance)**

- 1-2 Weight on L, extend R toe forward (1), pivoting ¼ L (9:00) (2),
- 3&4& 'Wag tail' by bending knees and swaying R-L-R-L (3&4&), weight ends on L,
- 5-6 Repeat above (6:00)
- 7&8&
- 9-10 Repeat above (3:00)
- 11&12&
- 13-14 Repeat above (12:00).
- 15&16&

ENDING: during Wag Tag after W/6, on count 9, turn ½ R (12:00) and cross arms.

This dance was created for DogFest Houston 2024 and is dedicated to the service dogs, puppies-in-training, their puppy raisers, and the volunteers and graduates, of Canine Companions.

Loy Anderson, thank you for suggesting, "More arms."

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