# Miles On It

拍数: 32

级数: High Beginner

编舞者: Curtis Dooma (CAN) - 30 July 2024

音乐: Miles On It - Marshmello & Kane Brown

#### No Tags, No Restarts Intro of 32 Counts

## Section 1: R Heel Grind (1/4 L), R Back Shuffle, Rock/Recover, L Forward Shuffle

- 1, 2 R Heel Grind (L ¼-Turn to face 9:00),
- 3&4 R Back Shuffle (R, L, R),
- 5, 6 L Back Rock, R Recover,
- 7&8 L Forward Shuffle (L, R, L).

### Section 2: R Step 1/2 Pivots (×2), R Toe-Heel-Triple

- 1, 2 R Forward Step to <sup>1</sup>/<sub>2</sub> Pivot L (to face 3:00),
- 3, 4 R Forward Step to 1/2 Pivot L (to face 9:00),
- R Toe Touch to R, R Heel Touch to R, 5,6
- 7&8 R Triple Step in Place (R, L, R).

### Section 3: L Toe-Heel-Triple, R Jazz Box with Cross

- 1, 2 L Toe Touch to L, L Heel Touch to L,
- 3&4 L Triple Step in Place (L, R, L),
- 5, 6, 7, 8 R Jazz Box with a Cross (R cross in front of L, L step behind R, R Step to R side, L cross in front of R).

### Section 4: R Lindy Step, L Lindy Step

- 1&2, 3-4 R Lindy (R Step to R, L Step Together, R Step to R, L Rock Behind R, R Recover)
- 5&6, 7-8 L Lindy (L Step to L, R Step Together, L Step to L, R Rock Behind L, L Recover).

### Last Update: 31 Jul 2024





**墙数:**4