

You Got Me Feelin'

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Corey Strandberg (USA) - August 2024
音乐: Feel It (From The Original Series "Invincible") - d4vd



Intro: 16 counts in (beat right before lyrics begin)

(1-8) Walk R, Walk L, Cross Mambo Press R, 3/4 Turn R Hop Forward, Shake R, Shake L

1-2 (Weight LF) Step forward on RF, step forward on LF
3&4 Cross mambo (face 1/8 L) on RF, when recovering from mambo, press right (on 4th count)
5-6 Turn 3/4 R with a hop at the end of the turn forward
7-8 Shake R, Shake L (end weight LF)

(9-16) Reverse 3/4 Box Slide, Step R, Heel Flick, Sailor Step R

1-2 Slide RF back, 1/4 turn L, slide LF forward
3-4 1/4 turn L slide RF back, 1/4 turn L slide LF forward
5&6 Step R forward flick both heels out to the R, then back in
7&8 Cross RF behind LF, Step LF to L side, Step RF to R side (end on starting wall)

Restart here on Wall 6, begin dance again facing 6:00

(17-24) Sailor Step L with 1/4 Turn L, 1/2 Turn L, Skate R, Skate L, Mambo R Press R

1&2 Cross LF behind RF, Step RF to R side, make a 1/4 turn L and step forward on LF
3-4 Step R forward, shift weight from R to L while making a 1/2 turn over left shoulder
5-6 Skate R forward, Skate L forward
7&8 Mambo on RF, when recovering from mambo press right (on 8th count)

(25-32) Slide 1/4 Turn L, Coaster Together, R&L Syncopated Jumping Apple Jacks

1-2 Slide LF back while making a 1/4 turn L to face the next wall (shift weight to RF)
3&4 Step back RF, bring LF together with RF, then step RF next to LF
5&6 Lift L heel while lifting R toe, turning L heel in and fanning R toe out, repeat vice versa
7&8 Lift L heel while lifting R toe, turning L heel in and fanning R toe out, repeat vice versa

Restart: Wall 6 (6 o'clock) 16 counts in, after right sailor. Instead of stepping out to do the left sailor step, step together to restart dance.

Step modifications (brings dance to low intermediate):

First 8ct: Instead of cross rock hop, 3/4 behind, cross rock recover (3-4), 3/4 shuffle hop (5&6)

Last 8ct: instead of apple jacks, heel swivel or spin in place

Choreographer's notes:

Please add flare to this dance! I left a little bit of room for fun and flare and there are a couple of points in the song to play onto!

Tag me on my socials if you like this dance: @coreysstr on TikTok and @core.onthefloor on Instagram!