

The Night Has Come

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2
编舞者: Pat Newell (USA) - August 2024
音乐: Stand by Me - Prince Royce
或: Stop - Spice Girls

级数: Ultra Beginner



Senior Starter Series

Learning: K step, grapevines, 1/4 pivots, rocking chair, rumba box

* for an entirely different feeling dance to: STOP by Spice Girls

K STEP

1-4 Step Diag fwd on R, touch L, step L back to center touch R
5-8 Step diag back on R, touch L, step L fwd to center touch R

VINE RIGHT, VINE LEFT

1-4 Step R to side, step L behind R, step R to side, touch L
5-8 Step L to side, step R behind L, step L to side, touch R

2x 1/4 PIVOTS LEFT, 4 CT ROCKING CHAIR * broken pattern

1-4 Step fwd on R, turn 1/4 L on L, step fwd on R, turn 1/4 L on L 6:00
5-8 Rock fwd on R, recover on L, rock back on R, recover on L

RUMBA BOX BACK AND FWD

1-4 Step R to right side, step L together, step back on R, touch L
5-8 Step L to left side, step R together, step fwd on L, touch R

DANCE FOR THE HEALTH OF IT
