Blue or Red?

级数: High Beginner

编舞者: Daniel Exton (UK) - December 2023

音乐: Colourblind - Darius

Intro: 32 Counts. Start at approx 18 secs.

SEC 1 SIDE ROCK, RECOVER, BEHIND & CROSS, SIDE ROCK, RECOVER, COASTER 1/4

- 1-2 Rock Right to Right side, Recover onto Left
- 3&4 Right behind Left, Left to Left side, Left cross over Right
- 5-6 Rock Left to Left side, Recover onto Right
- 7&8 Left foot back with 1/4 turn Left, Right foot back, Left foot forward (9:00)

SEC 2 STEP, ½, SHUFFLE ½, BACK ROCK, RECOVER, STEP, TOUCH

- 1-2 Step Right foot forward, ¹/₂ turn Left (3:00)
- 3&4 ¹/₂ turn over Left shoulder shuffling Right-Left-Right (9:00)
- 5-6 Rock back on Left, Recover onto Right
- 7-8 Step forward on Left foot, Touch Right next to Left
- Restart Here on Walls 4 and 8

SEC 3 SWAY, CLAP, SWAY, CLAP, CHASSE, ROCK, RECOVER 1/4

- 1-2 Sway to Right whilst stepping Right to Right side, Clap
- 3-4 Sway to Left side, Clap (Weight on L)
- 5&6 Right to Right side, Left next to Right, Right to Right side
- 7-8 Rock Left behind Right, Recover with ¼ turn Left (6:00)

SEC 4 STEP, KICK BALL CHANGE, STEP, KICK BALL CHANGE, STEP, TOUCH

- 1 Step Left foot forward
- 2&3 Kick right foot, Right next to Left, Left next to Right
- 4 Step Right foot forward
- 5&6 Kick Left foot out, Left next to Right, Right next to Left
- 7-8 Left foot forward, Touch Right next to Left





拍数: 32

墙数:4