

# Bitty, Boppy, Betty

**COPPERKNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner / Improver  
编舞者: Paul McQueen (AUS) - 15 August 2024  
音乐: Bitty Boppy Betty - Pink Martini



**Original Position: Feet Together Weight On Left Foot**

## INTRODUCTION - 24 BEATS

### STEP FORWARD, HEEL TWISTS, STEP FORWARD, HEEL TWISTS

1, 2,            Step Forward On R, To The Right Diagonal, Stomp L Next To R,  
3, 4            Heel Twists: Twist Both Heels Left, Twist Heels Right,  
5, 6,           Step Forward On L, To The Left Diagonal, Stomp R Next To L,  
7, 8            Heel Twists: Twist Both Heels Right, Twist Heels Left, (12.00)  
**(For A Harder Version Jump Instead Of Step Forward & Twist With Arm Movements)**

### BACK TOUCH, BACK TOUCH, OUT, IN, HEEL, HOOK

1, 2,            Step R Back At 45o, Touch L Next To R,  
3, 4,            Step L Back At 45o, Touch R Next To L,  
5, 6,            Touch R To Right, Touch R Next To L,  
7, 8            Touch R Heel Forward At 45o, Hook R Foot Across L Shin, (12.00)

### SIDE SHUFFLE, BACK, ROCK, VINE TO LEFT, ¼ TURN & HITCH

1&2,           Side Shuffle To Right Step: R-L-R,  
3, 4,            Step L Back, Rock Forward Onto R,  
5, 6,            Step L To The Left, Step R Behind L,  
7, 8            Turn 90o Left, Step L Forward, Hitch R Knee, (9.00)

### STEP RIGHT, TOUCH L IN-OUT-IN, STEP LEFT TOUCH R, STEP RIGHT STOMP L,

1, 2,            Step R To Right Side, Touch L Toe Next To R,  
3, 4,            Touch L Toe Out To Left Side, Touch L Toe Next To R  
5, 6,            Step L Foot To Left Side, Touch R Toe Next To L, (Alternative: jump to left)  
7, 8.            Step R To Right Side, Stomp L Next To R, Taking Weight On L (Alternative: jump to Right)  
(9.00)

**[32] Repeat The Dance In The New Direction**

**No Tags, No Restarts**

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**DATE: 14TH August 2024**

**Last Update: 22 Apr 2025**