

Lifetime Waltz

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Improver - waltz
编舞者: Jim McCaw (UK) - August 2024
音乐: Dance Of A Lifetime - Drake Milligan



#24 Count Intro.

SECTION ONE: TWINKLE LEFT AND RIGHT.

1,2,3 Cross right over left, recover on left, step right to right.
4,5,6 Cross left over right, recover on right, step left to left.

SECTION TWO: BACK TWINKLE, CROSS, SIDE, RECOVER.

1,2,3 Step right back, step left 1/4 left, step right beside left. (6 o'clock).
4,5,6 Cross left over right turning 1/4 left, step right to right, touch right beside left

SECTION THREE: SIDE, DRAG, TOUCH, FULL TURN RIGHT, (6 O'CLOCK).

1,2,3 Step long step to left, drag right in to left, touch right beside left.
4,5,6 Step right 1/4 right, step left 1/4 right, step right 1/2 turn right onto right. (6 o'clock).

SECTION FOUR: BASIC WALTZ FORWARD, BASIC WALTZ BACK WITH 1/4 TURN LEFT.

1,2,3 Step left forward, step right beside left, step left back.
4,5,6 Step right back, step left 1/4 left, touch right beside left, (3 o'clock).

SECTION FIVE: BASIC WALTZ FORWARD, BASIC WALTZ BACK WITH 1/2 TURN LEFT.

1,2,3 Step forward right, step left beside right, step right back,
4,5,6 Step left 1/2 turn left, step right beside left, step left forward. (9 o'clock)

SECTION SIX: BASIC WALTZ FORWARD, BACK, 1/4 TURN, CROSS.

1,2,3 Step right forward, step left beside right, step right back.
4,5,6 Step left back, step right 1/4 right, cross left over right. (12 o'clock)

SECTION SEVEN: SIDE, DRAG, TOUCH, FULL TURN RIGHT.

1,2,3 Step right long step to right, drag left beside right touch left beside right.
4,5,6 Step left 1/4 turn left, step right 1/4 turn left, step left 1/2 turn left.

SECTION EIGHT: LEFT TWINKLE, RIGHT TWINKLE WITH 1/4 TURN LEFT.

1 ;2;3: Cross right over left, recover on left, step right to right.
4,5,6 Cross left over right, step right to right, step left 1/4 left.

RESTART: WALL THREE: RESTART AFTER SECTION ONE.