

BUM BUM BARRA BUM (Feel the Beat)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Helaine Norman (USA) - August 2024
音乐: Put It on Me - Brianna Leah



INTRO: 16 - No tags or restarts

Note: This dance is meant to get absolute beginners to use more than their feet to dance!

I. BUNNY HOP FORWARD, CLAP; HIP OR SHOULDER BUMPS

&1-2 Hop R forward (&), step L together (1), clap (2)
3-4 Bump either R hip or R shoulder to R side
5-6 Bump either L hip or L shoulder to L side
7-8 Bump either hips or shoulders R L

Optional for 3-4 & 5-6: Double bumps can be substituted for slow side bumps

II. BUNNY HOP BACK, CLAP; HIP OR SHOULDER BUMPS

&1-2 Hop R back (&), step L together (1), clap (2)
3-4 Bump either R hip or R shoulder to R side
5-6 Bump either L hip or L shoulder to L side
7-8 Bump either hips or shoulders R L

Optional for 3-4 & 5-6: Double bumps can be substituted for slow side bumps

III. ROCKING CHAIR X2

1-4 Rock R forward, recover to L, rock R back, recover to L
5-8 Rock R forward, recover to L, rock R back, recover R

IV. ¼ L-TURN K-STEP

1-2 Step R forward diagonally, touch L together
3-4 Return L back to center, touch R together
5-6 Step R back diagonally, touch L together
7-8 Step L making ¼ turn left, touch R together

REPEAT

END: Wall 8 ends at 12:00 with two extra counts. Pose your personal way.

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