Chasing The Wind

级数: Improver

编舞者: Morgan Heffernan (USA) - A

音乐: Chasing The Wind - Lanie Gardner

August 2024	

墙数:4





No tags, no restarts

拍数: 32

Dance Starts after 32 counts on vocals

Grapevine, full 3 step turn, L ¼ turn

- 1-4 Step R to R side, step L behind R, step R to R side, touch L beside R
- 5-6 Step L forward with L ¼ turn, step back with R with L ½ turn
- 7-8 Step L forward with L ¹/₂ turn, step R to R side with L ¹/₄ turn (6:00)

Weave, R scuff, pivot turn, stomp x2

- Step L behind R, step R to R side, step L over R, scuff R beside L, swinging from back to 1-4 front
- 5-6 Step R forward, pivoting on L foot, L ¹/₂ turn
- 7-8 Stomp R foot, stomp L foot (12:00)

R side tap, L side tap, R heel, pivot turn, scuff

- 1-2 Tap R foot to R side, hold
- 3-4 Tap L foot to L side, hold
- 5&6 Place R heel forward, step R beside L, step forward with L
- 7-8 Pivoting on R foot, R 1/2 turn , scuff L beside R (6:00)

Stomp, hip shakes with 1/4 turn, slide, stomp

Stomp L foot forward, shaking hips L, R, R-swiveling heels L, R, L-R 1/4 turn 1-4

*maintain weight in L after stomping

5-7 Take long side step with R dragging L behind, hold x3 counts

- *styling-take that slide a little slower, drawing out the hold counts
- 8 Stomp L beside R (9:00)