Beautiful Little Noise

级数: Beginner

编舞者: Betty Hartman (USA) - September 2024

音乐: Beautiful Noise - Neil Diamond

Intro: 40 counts, start on the lyric "noise"

拍数: 32

[1-8] Walk fwd diagonally R, kick and clap, walk back diagonally L, touch

- 1-4 Walk fwd to the right diagonal stepping R, L, R, Kick L fwd and clap (1:30)
- 5-8 Walk back to the left diagonal stepping L, R, L, Touch R next to L as you square up to the main wall (12:00)

[9-16] Walk fwd diagonally L, kick and clap, walk back diagonally R, touch

- 1-4 Walk fwd to the left diagonal stepping R, L, R, Kick L fwd and clap(10:30) 5-8 Walk back to the right diagonal stepping L, R, L, Touch R next to L as you square up to the main wall (12:00)
- [17-24] Lindy R/L
- 1&2 Step R to right, Step L next to R, Step R to right
- 3-4 Rock L behind R, Recover to R
- 5&6 Step L to left, Step R next to L, Step L to left
- 7-8 Rock R behind L, Recover to L (12:00)

[25-32] 1/8 Pivot x2, Swivels

- 1-2 Step R fwd, Turn 1/8 L (weight to left)
- 3-4 Step R fwd, Turn 1/8 L (weight to left) (9:00)
- 5-6 Swivel both heels to right, Swivel both heels to left
- 7-8 Swivel both heels to right, swivel both heels to center (weight ends on L)

Options on swivels: bend knees slightly as you swivel and bring arms to waist level to counter balance the swivel motion. Also, if swivels are hard on your body, don't swivel heels at all, just twist the upper body.

Start Over

*Tag on walls 3 (3:00), 6 (6:00), and 9 (9:00) *8 count tag, Sways 1-4 Sway R, Hold, Sway L, Hold 5-8 Sway R,L,R,L (weight ends on left)

*Ending: Wall 10 the music starts to slow down. Dance regularly through the first *20 counts, on the Left Lindy slow it to the beat of the music then slow ½ pivot left and ¼ pivot left ending at 12:00.

Betty Hartman with Bell Dancers linedancewithbetty@gmail.com





墙数:4