

And Another One

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Karianne Heimvik (NOR) - September 2024
音乐: Another One Bites the Dust - Alexander Jean
或: TEXAS HOLD 'EM - Beyoncé



Extra Bits: Restart on wall 3 and 7, after 16 counts

Music option: Texas Hold'em, Beyoncé

If danced to this music, its a tag on wall 2, after 16 counts, ad a V-step and restart

(1-8) walk fwd, heel switches, stomp, stomp

1,2,3,4 walk fwd RF, LF, RF, LF

5&6&7&8 RF heel fwd, step RF next to LF, LF heel fwd, step LF next to RF, RF heel fwd, stomp RF next to LF, stomp LF in place

(9-16) walk back, point switches, stomp, stomp

1,2,3,4 Walk back RF, LF, RF, LF

5&6&7&8 point RF to right side, step RF next to LF, point LF to left side, step LF next to RF, point RF to right side, stomp RF next to LF, stomp LF in place

restart here on wall 3 and 7

(17-24) vine to the right, vine to the left ¼ turn, brush

1,2,3,4 step RF to right side, step LF behind RF, step RF to right side, touch LF next to RF

5,6,7,8 step LF to left side, step RF behind LF, make ½ turn to the left stepping LF fwd, brush RF past LF

(25-32) pivot ½ turn x2, V-step

1,2,3,4 step RF fwd, make ½ turn to left shifting weight onto LF, step RF fwd, make ½ turn to left shifting weight onto LF

5,6,7,8 step RF fwd on right diagonal, step LF fwd on left diagonal, step RF back in place, step LF back in place

(if you do not want to turn, just replace the two pivots with a rockingchair)

Ending: when wall 9 is finished you face 9 o'clock, make a ¼ turn to your left so you end up facing 12 o'clock
Styling:

in the chorus with the heavy beats, do the walks as camel walks, and pop your knees

you can do the V-steps on your heels and you can to turns instead of the vines to make it more challenging.

Have fun, make it yours and remember to smile <3
