Pack Your Boots



编舞者: Cathy Snow (USA) - August 2024

音乐: Pack Your Boots - Back Country Boys



RESTART: 12:00 (2nd time) Dance first 16 counts then restart the dance

[1-8] DOUBLE KICK, STOMP R, L, DOUBLE KICK, STOMP R, L

1-2	Low kick right foot FORWARD (two times)
1-2	

3-4 Stomp R then L

5-6 Low kick left foot FORWARD (two times)

7-8 Stomp R, then L

[9-16] RIGHT SUGAR FOOT, TRIPLE, LEFT SUGAR FOOT, TRIPLE

1-2 Point right toe to left instep, right heel to left instep

3&4 Triple-step in place right, left, right

5-6 Point left toe to right instep, left heel to right instep

7&8 Triple-step in place left, right, left

[17-24] LINDY RIGHT, LINDY LEFT

1&2 Shuffle right, left, right to right side

3-4 Rock back on left behind right, recover right

5&6 Shuffle left, right, left to left side

7-8 Rock back on right behind left, recover left

[25-32] STEP FORWARD & BACK WITH TOUCHES, 1/4 TURN RIGHT; SIDE STEPS WITH TOUCHES

1-2 Step R forward diagonally, Touch L beside R3-4 Step L back diagonally; Touch right beside L

5-6 Turn ¼ to R, stepping R to side Touch L beside R7-8

7-8 Step L to L side, Touch R beside L

Contact: mrssno@email.com Just had TKR so I am unable to do a video but please

feel free to add a video.

Last Update: 18 Sep 2024