

Voices in My Head

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Improver
编舞者: Betsy Fischer (USA) - July 2024
音乐: Mama, Dolly, Jesus - Madeline Edwards



Intro: 16 Count – Start on Vocals

(1-8) Right Toe Strut, Crossing Left Toe Strut, Lindy Right

1, 2 Touch Right Toe to the right, Step down taking weight on the Right Foot
3, 4 Cross Left Toe over Right, Step down taking weight on the Left Foot
5&6 Shuffle to the Right stepping Right Foot right, Left together, Step Right
7, 8 Rock back on Left Foot, Recover weight on the Right Foot

(9-16) 1/4 Turn Right, 1/2 Turn Right, Rock Recover, Coaster Step, Kick Ball Change

1, 2 1/4 Turn Right Stepping back on Left Foot, Continue Rotation 1/2 forward on Right
3, 4 Rock Forward on Left Foot, Recover weight back on Right Foot
5&6 Step back on the Left Foot, Bring Right Foot next to Left Foot, Step forward on Left Foot
7&8 Kick Right Foot Forward, Step on the Ball of the Right Foot, Step on Left Foot

(17-32) Repeat Steps 1 through 16 (see above)

(33-40) Linday Right, Linday Left

1&2 Step Right Foot to the right side, Step Left Foot together, Right Foot to the Right Side
3, 4 Rock back on Left Foot, Recover weight forward on Right Foot
5&6 Step Left Foot to the left side, Step Right Foot together, Left Foot to the Left Side
7, 8 Rock back on Right Foot, Recover weight forward on Left Foot

(40-48) 1/2 Turn Monterey Right, 1/4 Turn Monterey Right

1, 2 Touch Right Toe to Right Side, Bring Right Foot back to LF while turning 1/2 Right
3, 4 Touch Left Toe to Left Side, Bring Left Foot back under your body taking weight
5, 6 Touch Right Toe to Right Side, Bring Right Foot back to LF while turning 1/4 Right
7, 8 Touch Left Toe to Left Side, Bring Left Foot back under your body taking weight

TAG: Lindy Right, Lindy Left

Third time you start the dance, only dance the first 16 counts (3:00)

After completing the Sixth Wall (12:00)

One Tag done Two separate times: 1st Tag facing the 3:00, 2nd Tag facing 12:00

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