On My Lonely Drum

COPPER KNOB

拍数: 32

墙数:4

级数: Improver

编舞者: Abadi Haria (INA), Katarina Sherrina (INA) & Marchy Susilani (HK) - September 2024

音乐: Lonely Drum - Aaron Goodvin

NO RESTART & 1-TAG (8C) - After Wall 3 :

JAZZ BOX , BUMP R/L

- 1234 Cross RF over LF, Step back on LF, Step RF to R side, Step LF fwd
- 5&6. Rock RF to R while hips bump to RLR
- 7&8. Recover on LF while hips bump LRL

INTRO: 40C

S1. R. SIDE ROCK - RECOVER - TOGETHER - L. SIDE - TOUCH , SIDE MAMBO (R/L)

- 12&. Rock RF to R side, Recover on LF, Close RF next to LF
- 34. Step LF to L side, Touch RF beside LF
- 5&6. Rock RF to R side, Recover on LF, Close RF next to LF
- 7&8. Rock LF to L side, Recover on RF, Step LF next to RF

S2. FORWARD MAMBO, TURN ½L. SHUFFLE, FORWARD MAMBO, TURN ¼L. COASTER STEP

- 1&2. Rock RF forward, Recover on LF, Step back on RF
- 3&4. Turn ¼L. Step LF to L side, Step RF next to LF, Turn ¼L. Step LF slightly fwd
- 5&6. Rock RF forward, Recover on LF, Step back on RF
- 7&8. Turn ¼L. Sweep LF behind RF, Step RF next to LF, Step LF slightly forward

S3. DIAGONAL BACK SHUFFLE (R/L), SKATE

- 1&2. Step RF diagonal bwd R, Step LF next to RF, Step RF diagonal bwd R
- 3&4. Step LF diagonal bwd L, Step RF next to LF, Step LF diagonal bwd L
- 5678 Step forward diagonally to RLRL, resemblers a skater's movements

S4. WALK FORWARD - TAP BESIDE (R/L) , TURN ½L. CHUG

- 12. Step RF forward diagonal fwd R while bending your knees slightly and pushing your hands forward, tap LF beside RF (option while clapping)
- 34. Step LF forward diagonal fwd L while bending your knees slightly and pushing your hands forward, tap RF beside LF (option while clapping)
- 5678 Turn ¼L. Tap RF to R side weight on LF, Turn ½L. Tap RF to R side weight on LF, Turn ½L. Tap RF to R side weight on LF, Touch RF beside LF

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