I Can Dance the Night Away

级数: Easy Beginner

编舞者: Cindy Hady (USA) - September 2024

音乐: Dance The Night - Dua Lipa : (Barbie the Album)

Intro: 16 cts

Instructor/Choreographer Note:

拍数: 32

This 2 wall dance is perfect for teaching new Dancers to appreciate the reason for Tags & Restarts in a dance.

- *1 Restart and 3 very easy Tags (see below)
- The dance ends at 12:00. Big Finish! Step to the right and throw your right arm up. Ta Da!

BASICS (Step, Together, Step, Touch X2)

- Step R to side (1), Step L next to R (2), Step R to side (3), Touch L next to R (4) 1-4
- 5-8 Step L to side (5), Step R next to L (6), Step L to side (7), Touch R next to L (8) (12:00)

K-STEP

- 1-2 Step R forward to R diagonal (1), touch L next to R (2)
- 3-4 Step L back to L diagonal (3), touch R next to L (4)
- Step R back to R diagonal (5), touch L next to R (6) 5-6
- 7-8 Step L forward to L diagonal (7), touch R next to L (8)

3 WALKS FORWARD, KICK, 3 WALKS BACK, TOUCH

- Walk forward R,L,R, Kick L forward 1-4
- 5-8 Walk back L,R,L, Touch R beside L *TAG 1/RESTART

4 STEP TOUCHES (Side, Touch, ¼ L, Touch, Side, Touch, ¼ L, Touch)

- 12 Step R to R (1), Touch L beside R (2)
- 34 Step L ¼ turn (3), Touch R (4) (9:00)
- 56 Step R to R (5), Touch L beside R (6)
- 78 Step L ¼ turn (7), Touch R (8) (6:00)

Repeat

NOTE: The Tags all follow one another *Wall 2, Wall 3, Wall 4. Very easy to remember!

End of Wall 2 - Dance 24 cts add *TAG 1 (2 cts) RESTART SIDE, CLOSE

Step R (1), Close L next to R (2) Facing 6:00 1-2

End of Wall 3 - TAG 2 (4 cts) Facing 12:00

V-STEP

1234 Step R to right diagonal, step L to left diagonal, step R to center, step L to center

End of Wall 4 - TAG 3 (10 cts) Facing 6:00

2 V-STEPS, SIDE, CLOSE (These are the same tags used in the first 2 Tags)

Dance on! Contact: chadydancer@gmail.com





墙数:2