

Give Me The Beat

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Rafel Corbí (ES) - September 2024
音乐: Beat In The Heat - Derek Ryan : (Album: Long Shot Love)



V-STEP, FORWARD TOUCH, FORWARD TOUCH

- 1-2 Step R forward in right diagonal, step L in left diagonal
- 3-4 Step R back returning o center, step L back beside R
- 5-6 Step R forward in right diagonal, touch L beside R & clap
- 7-8 Step L forward in left diagonal, touch R beside L & clap

ROCKING CHAIR, 1/4 TURN JAZZ BOX CROSS

- 9-10 Rock R forward, recover weight onto L
- 11-12 Rock R back, recover weight onto L
- 13-14 Cross R over L, step L back
- 15-16 Turn 1/4 to right and step R to side, cross L over R

SIDE, FLICK, SIDE, FLICK, STEPS BACK WITH HITCH

- 17-18 Step R to side, flick L behind R leg and (optionally) slap L foot with R hand
- 19-20 Step L to side, flick R behind L leg and (optionally) slap R foot with L hand
- 21-22 Step back with R, step back with L
- 23-24 Step back with R, hitch L knee

ROCK, RECOVER, SIDE, HOLD, SWIVELS

- 25-26 Rock L back, recover weight onto R
- 27-28 Step L to left side, hold
- *29-30 Swivel both feet to left, back to center
- *31-32 Swivel both feet to left, back to center
- * If you don't like to swivel just bump your hips left and right

Start again and smile!