Don't Tell Me

COPPER KNOB

拍数: 32

墙数:4

级数: Improver

编舞者: Ulrike Weger (IT) & Kurti Mair (IT) - September 2024

音乐: Don't Tell Me What to Do - John Molloy



~ 0 restarts, TAG 3

Note: The dance begins after 8 beats with the use of the vocals

S1: Step, lock, step, scuff, step, lock, step, touch behind

- 1-2 Step forward with right foot cross left foot behind right foot
- 3-4 Step forward with right Swing left foot forward, drag heel on floor
- 5-6 Step forward with left cross right foot behind left
- 7-8 Step left forward Tap right toe behind left foot
- (End: The dance ends here direction 12 o'clock)

S2: Rock back 2x, step, pivot 1/2 I, stomp, stomp

- 1-2 Jump back with right/left foot kick forward jump back onto left foot
- 3-4 Like 1-2
- 5-6 Step forward with right ¹/₂ turn left on both balls, weight at the end on the left (6 o'clock)
- 7-8 Stomp right foot next to left foot Stomp left foot next to right foot

S3: Toes-heels swivels out, toes-heels swivels in, side, close, cross, hold

- 1-2 Turn both toes outwards Turn both heels outwards
- 3-4 Turn both heels inwards Turn both toes inwards (weight at the end on the left)
- 5-6 Step to the right with right foot bring left foot to right foot
- 7-8 Cross right foot over left hold

S4: Side, ¼ turn r/close, step, hold, ½ turn I, ½ turn I, stomp, stomp

- 1-2 Step left to the left ¼ turn right and step right to left (9 o'clock)
- 3-4 Step forward to the left hold
- 5-6 ¹/₂ Turn left and bring right foot to left ¹/₂ Turn left and bring left foot to right
- 7-8 Stomp right foot next to left foot Stomp left foot next to right foot

Repeat until the end

TAG 1 (after the end of the 2nd and 6th round - 6 o'clock/3 o'clock)

T1-1: Heel, close, touch back, close

- 1-2 Touch right heel in front touch right foot to left foot
- 3-4 Touch left toe back touch left foot to right foot

TAG 2 (after the end of the 4th round - 12 o'clock)

T2-1: Step, lock, step, scuff r + l

- 1-2 Step forward with right foot cross left foot behind right foot
- 3-4 Step forward with right foot swing left foot forward, drag heel on floor
- 5-6 Step forward with left foot cross right foot behind left foot
- 7-8 Step forward with left foot Swing right foot forward, drag heel on floor

T2-2: Vine r with scuff, vine I turning 1/4 I with scuff

- 1-2 Step right to right side cross left foot behind right foot
- 3-4 Step right to right side Swing left foot forward, drag heel on floor
- 5-6 Step left to the left cross right foot behind left
- 7-8 ¹/₄ Turn left and step left forward Swing right foot forward, drag heel on floor (9 o'clock)

T2-3: Jazz box, heel, close, touch back, close

- 1-2 Cross right foot over left Step back left
- 3-4 Step to the right with right foot bring left foot close to right foot
- 5-6 Tap right heel in front step right foot to left
- 7-8 Tap left toe back Bring left foot to right foot

TAG 3 (after the end of the 10th and 12th round - 3 o'clock/9 o'clock)

T3-1: Jazz box, heel, close, touch back, close

1-8 Like step sequence T2-3