

Country Therapy

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Liz Wakelin (NZ) - September 2024
音乐: Country Therapy - Wynn Williams



Intro: 16 Counts (anticlockwise)

{1-8} Right foot point right side, touch, kick ball touch, repeat Left foot (on the kick ball on both feet travel slightly forward)

- 1,2,3&4 Point Right foot to right side, touch Right foot next to Left foot, kick Right foot forward, step Right foot next to Left foot (&) touch Left foot next to Right foot
- 5,6,7&8 Point Left foot to right side, touch Left foot next to Right foot, kick Left foot forward, step Left foot next to Right foot (&) touch Right foot next to Left foot

*** Restart here wall 5 facing 12 o'clock**

{9-16} Right foot rock, recover, hinge ½, shuffle forward, ¼ paddle right, cross shuffle

- 1,2,3&4 Rock forward on Right foot, recover back onto Left foot, hinge ½ right stepping Right foot forward, step Left foot next to Right foot (&), step Right foot forward

***Ending here wall 12 facing 12 o'clock**

- 5,6,7&8 Step Left foot forward, turn ¼ right (end with weight on Right foot), cross Left foot over Right foot, small step Right foot to right side (&), cross Left foot over Right foot (facing 9 o'clock)

{17-24} Right side rock, recover, behind side cross, Left side rock, recover, ¼ left sailor step

- 1,2,3&4 Rock Right foot to right side, recover on Left foot, step Right foot behind Left foot, step Left foot to left side (&), step Right foot across Left foot
- 5,6,7&8 Rock Left foot to left side, recover on Right foot, turn ¼ sweeping Left foot around and behind Right foot, step Right foot next to Left foot (&), step Left foot forward (facing 6 o'clock)

{25-32} Right foot forward rock, recover, triple full turn right (or coaster step), Left foot side, Right heel, Right hook, ¼ left hinge and hitch

- 1,2,3&4 Rock Right foot forward, recover on Left foot, pivot ½ right stepping forward on Right foot, pivot ½ right stepping Left foot next to Right foot (&), step Right foot forward (or step Right foot back, step Left foot next to Right foot, step Right foot forward)
- 5,6,7,8 Step Left foot to left side, touch Right heel forward, touch Right toes across Left foot, hinge ¼ left as you hitch Right foot beside Left knee (facing 9 o'clock)

Restart Wall 5 After 8 Counts

Ending: Wall 12 after 12 Counts facing 6 o'clock

{9-12} Step, pivot 1/2 to front wall, shuffle forward, step drag

- 1,2,3&4 Rock forward on Right foot, recover back onto Left foot, hinge ½ right stepping Right foot forward, step Left foot next to Right foot (&), step Right foot forward, step Left foot toward, drag Right foot to finish behind left foot