

# Holy Spirit

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Angéline Fourmage (FR) & Maryse Fourmage (FR) - 23 September 2024  
音乐: HOLY SPIRIT - KAMAUU



Start: 16 count - 9s. approximately  
No Tag – No Restart

## [1-8] Back, Together, Triple-Step, Back, Together, Triple-Step

1-2            RF back on R diagonal, LF next to RF  
3&4           Triple-Step : RF back on R diagonal, LF next to RF, RF back on R diagonal  
5-6           LF back on L diagonal, RF next to LF  
7&8           Triple-Step : LF back on L diagonal, RF next to LF, LF back on L diagonal

## [9-16] Point Back, Step FW, Point FW, Together, V-Step, Side, Drag, Touch

1-2            Point RF Back, RF FW  
3-4            Point LF FW, LF next to RF  
&5&6          RF FW on R diagonal, LF FW on L diagonal, RF Back, LF Back  
7-8            RF to the R side with L Drag, Touch LF next to RF

## [17-24] Cross Rock, Chassé R, Cross Rock, Chassé L

1-2            Cross LF over RF, Recover to RF  
3&4            Chassé L : LF to the L side, RF next to LF, LF to the L side  
5-6            Cross RF over LF, Recover to LF  
7&8            Chassé R : RF to the R side, LF next to RF, RF to the R side (Finish Weight is on RF)

## [25-32] Step Turn ½ R, Runx3, Kick FWx4

1-2            LF FW, ½ R (Weight is on RF)  
3&4            Run : L, R, L  
5&6            Kick RF FW, RF Back, Kick LF FW (Option: Kick RF FW, RF next to LF, Kick LF FW)  
&7&8&          LF Back, Kick RF FW, RF FW, Kick LF FW, LF FW (Weight is on LF) (Option: LF next to RF, Kick RF FW, RF next to LF, Kick LF FW, LF next to RF)

Final: Walk in circle ½ R (Finish 12:00)

Smile et enjoy the dance  
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