

# Ren Sheng Yi Shou Ge (人生一首歌)

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Siske Natali (INA) - September 2024  
音乐: 人生一首歌-演唱:郭惠芬和郭芷邑 (原唱罗时丰和江志丰)



Intro : Start on vocals

**SECT : NIGHT CLUB . R – SIDE – BEHIND – SIDE- CROSS ROCK – RECOVER – TURN 7/8 RIGHT WITH SWEEP**

1-2&      Step R to side, Step L slightly back, C roos R over L.  
3-4&      Step L side, Cross R behind L, Step L to side  
5-6&      Cross Rock R over L, Recover on L, Turn 3/8 right step R forward ( 3.00 ).  
7-8&      Turn 1/2 right step L back with sweep, R from front to back , Cross R behind L, Step L to side. ( 9.00 )

**SECT 2 : CROSS ROCK R – L – LUNGE – RECOVER – BACK – TURN 1/4 LEFT SWAY R – L**

1-2&      Cross R over L, Recover on L, Step R to side.  
3-4&      Cross L over R, Recover on R, Step L to side.  
5-6&      Step R forward and lunge, Recover on L, Step R back.  
7-8&      Turn 1/4 left Step L to side, Sway hip to right, Sway hip to left.

**SECT 3 : SIDE DIAMOND 1/4 – CROSS ROCK – RECOVER – SIDE ROCK – RECOVER – BACK WITH SWEEP – BEHIND – SIDE**

1-2&      Step R forward with sweep L from back to front, Cross L over R, Step R to side.  
3-4&      Turn 1/8 to left step L back, Step R back, Turn 1/8 left step L to side.  
5& 6&      Cross R oven L, Recover L, Rock R to side, Recover on L.  
7-8&      Step R back with sweep L from front to back, Cross L behind R, Step R to side.

**SECT 4 : CROSS ROCK L – R – FORWARD WITH SWEP – TOUCH L BEHIND R – BACK WITH SWEEEP – CROSS – SIDE.**

1-2&      Cross L over R, Recover on R, Step L to side.  
3-4&      Cross R over L, Recover on L, Step R Tto side.  
5-6&      Step R forward with sweep R from back to frond, Cross R over L, Touch L behind R.  
7-8&      Step L back with sweep R from frond to back, Cross R behind L, Step L to side.

**Restarts -**

: On wall 3 after 16& C  
: On wall 7 after 16& C  
: On Wall 8 after 8 C

**Tag : On Wall 4 – 4 C**

**Night Club R - L**

1 - 2&      Step R to side, Step L slightly back , Cross R over L  
3 - 4 &      Step L to side ,Step R slightly back ,Cross L over R

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PLDC : Pekan Baru Line Dance Community

Happy Dancing Always

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