Let it Ring

拍数: 32

级数: Improver

编舞者: AJ Franks (USA) - September 2024

音乐: Ring - Selena Gomez

***Dance starts on the 3rd 8 count ***

Scissor Step Right, Rock and Step Left, Box Step

- Rock RF to the right side, recover on the LF, Cross RF over LF 1&2
- 3&4 Rock LF out to the left, recover on the RF, Close LF to RF
- 5,6 Cross RF over LF, step LF back
- 7.8 Step Rf out to right side, close LF to RF

Heel Toe Swivels, Kick Ball Change

- Swivel heels to the right, swivel toes to the right 1,2
- 3,4 Swivel heels to the right, swivel toes to the right
- 5&6 Kick RF to front, bring RF back to LF, quickly change Weight to LF and pop right knee
- Kick RF to front, bring RF back to LF, quickly change Weight to LF and pop right knee 7&8

1/2 Turn to the Left, Walk, Toe Point, Body Roll

- 1,2 Step RF forward, make 1/2 turn over left shoulder
- 3,4 Step forward with Rf, step forward with LF
- 5,6 Cross RF over LF, point RF out to right side
- 7,8 Step RF back while doing a body roll

Step Hitch, shuffle, Sailor Step

- Step LF forward, hitch L knee (also scoot LF forward while Traveling forward 1,2
- 3 & 4 Step LF to left side, close RF to LF, step LF to left side
- 5&6 Step RF crossed behind LF, step LF next to RF, Step RF to right side
- 7 & 8 Step LF crossed behind RF, step RF next to LF, Step LF to left side

NO TAGS, NO RESTARTS! HAVE FUN!





墙数: 2