Be Okay



拍数: 32

墙数:4

级数: Newcomer

编舞者: Melanie Schattmaier (DE) & Katharina Bauer (DE) - September 2024

音乐: You'll Be Okay - Bradley Marshall

*1 Tag (after Wall 2) 2 Restarts in Wall 3 and 5 after 16 counts (sway,sway) Motion: Smooth/Nightclub

Dance starts on the word "everything"

R Basic, L Basic, 1/2 Diamond

- 1-2 & Step R to R side, step L slightly behind R, cross R over L
- 3-4 & Step L to L side, step R slightly behind L, cross L over R
- 5-6 & Step R to R side, turn 1/2 L stepping L back, step back R
- 7-8 & Turn 1/2 stepping L to L side, step R fwd, step L fwd

1/8 Side R, cross rock L, L Basic, 1/4 turn R, sweep L w cross, R back, 1/2 turn L, sway, sway

- 1-2 & 1/2 Step R to R side, cross rock L over R, recover back onto right
- 3-4 & Step L to L side, step R slightly behind L, cross L over R
- 5-6 & Step R fwd with ¼ turn R, sweep L fwd cross L over R, R step back
- 7-8 & Turn 1/2 to L stepping L fwd, step R to R side swaying body R, sway body L

R Basic, side L, behind side cross, sweep L, side R, behind, sweep R, side L

- 1-2 & Step R to R side, step L slightly behind R, cross R over L
- 3-4 & Step L to L side, cross R behind L, step L to L side
- 5-6 & Cross R over L, sweep L fwd cross L over R, step R to R side
- 7-8 & Cross L behind R, sweep R backwards cross R behind L, Step L to L side

R Hitch, side R, Lunge L, side L, unwind full turn, Touch R

- 1-2 & Hitch R knee, slowly down, step R to R side
- 3-4 & Rock forward L (Lunge), recover back onto right, step L to L side
- 5-6 Cross R over L, start turning L
- 7-8 & Continuing turning, end full turn on L, Touch R

TAG: Sway RL RL

- 1& Step R to R side swaying body R, sway body L
- 2& Sway body R, sway body L

