

Girls at the Bar

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Isabelle Dréau (FR) & Bruno Penet (FR) - October 2024
音乐: girls at the bar (feat. Alli Walker) - Lydia Sutherland : (CD : Pretty Girls Don't Cry)



SEQUENCE : A – A – A – B – B – TAG – A – A – B – B – A – A – B – B – A – A – Final

PART A: 32c

SECT 1 : DIAG SHUFFLE FWD, DIAG SHUFFLE BACK, ½ TURN R & ROCKING CHAIR

1&2 (diagonal Right) Step RF forward, step LF beside RF, step RF forward (1 :30)
3&4 (diagonal Left) Step LF back, step RF beside LF, step LF back (7 :30)
5-6 ½ turn R & step RF forward (Rock), recover weight on LF (6 :00)
7-8 Step RF back (Rock), recover weight on LF

SECT 2 : DIAG SHUFFLE FWD, DIAG SHUFFLE BACK, ½ TURN R & ROCKING CHAIR

1&2 (diagonal Right) Step RF forward, step LF beside RF, step RF forward (7 :30)
3&4 (diagonal Left) Step LF back, step RF beside LF, step LF back (1 :30)
5-6 ½ turn R & step RF forward (Rock), recover weight on LF (12 :00)
7-8 Step RF back (Rock), recover weight on LF

SECT 3 : STEP SIDE, HEEL JACK, ¼ TURN R & STEP BACK, ¼ TURN R & STEP SIDE, CROSS SHUFFLE

1-2& Step RF to R side, cross LF behind LF, step RF to R side
3&4 Touch L heel diagonal forward (10 :30), step LF beside RF, cross RF over LF
5-6 ¼ turn R & step LF back (3 :00), ½ turn R & step RF to R side (6 :00)
7&8 Cross LF over RF, step RF to R side, cross LF over RF

SECT 4 : ¼ TURN R & ROCK STEP, ½ TURN & SHUFFLE FWD, ¼ TURN R & LARGE STEP SIDE, SLIDE, TOUCH (X2)

1-2 ¼ turn R & step RF forward (Rock), recover weight on LF (9 :00)
3&4 ¼ turn R & step RF to R side (12 :00), step LF beside RF, ¼ turn R & step RF forward (3 :00)
5-6 ¼ turn R & large step LF to L side, slide RF toward LF (6 :00)
7-8 Touch R toe behind RF (x2)

PART B: 32c

SECT 1 : LARGE STEP SIDE, TOUCH, KICK BALL CROSS, SIDE ROCK, TOUCH BEHIND, HOLD

1-2 Large step RF to R side, touch L toe beside RF
3&4 Kick LF forward, step LF beside RF, cross RF over LF
5-6 Step LF to L side (Rock), recover weight on RF
7-8 Touch L Toe behind RF (by touching the tip of the hat with the right hand)

SECT 2 : STEP SIDE, HOLD, TOGETHER, STEP SIDE, TOUCH, ¼ TURN R & STEP FWD, ¼ TURN R & STEP R, ROCK BACK

1-2& Step LF to L side, hold, step RF beside LF
3-4 Step LF to L side, touch R toe beside LF
5-6 ¼ turn R & step RF forward, ¼ turn R & step LF to L side (6 :00)
7-8 Step RF back (Rock), recover weight on LF

SECT 3 : [DIAG JUMP & STEP TOUCH, HOLD, ROCK BACK] (R & L)

&1-2 (Jumping) Step RF forward diagonal R, touch L toe beside RF, hold
3-4 Step LF back (Rock), recover weight on RF
&5-6 (Jumping) Step LF forward diagonal L, touch R toe beside LF, hold
7-8 Step RF back (Rock), recover weight on LF

SECT 4 : SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, BEHIND SIDE CROSS

- 1-2 Step RF to R side (Rock), recover weight on LF
- 3&4 Cross RF behind LF, step LF to L side, cross RF over LF
- 5-6 Step LF to L side (Rock), recover weight on RF
- 7&8 Cross LF behind RF, step RF to R side, cross LF over RF

TAG

SECT 1 : CHASSE SIDE TO R, ¼ TURN L & CHASSE SIDE TO L, ¼ TURN L & CHASSE TO R, COASTER STEP

- 1&2 Step RF to R side, step LF together, step RF to R side (6 :00)
- 3&4 ¼ turn L & step LF to L side, step RF together, step LF to L side (3 :00)
- 5&6 ¼ turn L & step RF to R side, step LF together, step RF to R side (12 :00)
- 7&8 Step LF back, step RF together, step LF forward

SECT 2 : CROSS FWD, POINT TO L, CROSS FWD, POINT TO R, ROCKING CHAIR

- 1-2 Cross RF over LF, touch L toe to L side
- 3-4 Cross LF over RF, touch R toe to R side
- 5-6 Step RF forward (Rock), recover weight on LF
- 7-8 Step RF back (Rock), recover weight on LF

FINAL

- 1 Stomp RF forward diagonal R

Danse presented the 05th October 2024 – Orchies (59310)

During the ball organized by the club « MONTANA COUNTRY CLUB »
