

Miss Your Body

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Right Now - Nick Jonas & Robin Schulz



Section 1 - Samba Whisk R, Samba Whisk L, Step Lock, Step Lock, Step

1 a 2 Step RF to side, Rock LF behind RF, Recover on RF
3 a 4 Step LF to side, Rock RF behind LF, Recover on LF
5 - 6 Step RF forward, Lock LF behind RF
7 a 8 Step RL forward, Lock LF behind RF, Step RL forward

Section 2 - Mambo Step L, Mambo Step R, Step Forward, Touch Behind, Shuffe backward 1/2 Turn

1 & - 2 Step LF to L, recover on RF, step LF together
3 & - 4 Step RF to R, revoer on LF, step RF together
5 - 6 Step LF forward, touch R toe behind LF
7 & - 8 Step RF 1/4 turn to R, step LF together, step RF 1/4 turn to R

Section 3 - Cross, Point, Cross, Point, Cross, Step, Side Shuffle

1 - 2 Cross LF over RF, point RF to side
3 - 4 Cross RF over LF, point LF to side
5 - 6 Cross LF over RF, RF back
7 & - 8 Step LF to left, step RF together, step LF to left

Section 4 - Heel-grind 1/4, Sailer Step R, Sailor Step L, Cross Rock R

1 - 2 Grind right heel into floor and turn 1/4 right stepping lef back
3 & - 4 Step RF diagonal behind LF, step LF together, step RF to side
5 & - 6 Step LF diagonal behind RF, step RF together, step LF to side
7 - 8 Cross RF over LF, Revoer on LF

End of Song: Change Cross Rock in Section 4 to 1/2 Pivot turn L to face front again -> step RF forward with 1/2 turn L, step LF forward