# I Ain't Crazy



拍数: 100 墙数: 2 级数: Phrased Advanced

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音乐: I Ain't Crazy - Erin Kinsey



Counts: A1(32 counts) - A2(16 counts) -B(28 counts) -C1(16 counts) -C2(8 counts)

Intro: 16 counts

Sequence: A1 -A2 -B -C1 -A1( just first 16 counts) -A2 -B -B( just first 16 counts) -C1 -C2 -B -B( just first 16

counts) -C1

#### Part A1

### [1-8] Slide RF, shuffle, rock step LF, LF cross over, step back RF, touch LF

1 Slide to the right RF, wkight on RF

& LF close to RF
2 step forward LF
3 step forward RF
& LF close to RF
4 step forward RF
LF close to RF
& LF close to RF

5& LF step to the left, weight on LF

6 weight back on RF
& LF cross over RF
7 RF step back right side
8 LF heel touch close to RF

#### [9-16] locksteps back x3, step turn 1/2 to the right, step forward LF, kick ball stomp RF

& Step back LF

1 RF step back over LF

& Step back LF

2 RF step back over LF

& Step back LF

RF step back over LF

4 step back LF, weight on LF

5 keeping weight on LF, turn 1/2 to the right (put weight on RF once facing 6h)

6 step forward LF
7 kick forward RF
& weight on RF
8 step forward LF

## [17-24] point side changing directions, kick ball side

& keeping weight on LF, turn to 4.30h - RF close to LF

1 point right RF

& RF close to LF +keeping weight on LF, turn to 3h

2 point right RF

& weight on RF + LF close to RF

with weight on RF, turn 1/4 to the right (arriving at 6h) while point LF to the left

& LF close to RF +keeping weight on RF, turn to 9h

4 point left LF

& LF close to RF +keeping weight on RF, turn to 12h

5 point left LF

& LF close to RF +keeping weight on RF, turn to 3h

6	point left LF
&	LF close to RF, weight on RF
7	kick forward LF
&	weight on LF
8	point side RF
[25-32] rock st	ep shuffle x2
&	RF close to LF
1	RF step forward + weight on RF
2	weight back on LF
&	turn 1/4 to the right (arriving at 6h)+ RF close to LF
3	step to the right RF
&	LF close to RF
4	turn 1/4 to the right (arriving at 9h) +step forward RF
&5	step forward LF, weight on LF
6	weight back on RF
&	turn 1/4 to the left (arriving at 6h)+ LF close to RF
7	step to the left LF
&	RF close to LF
8	turn 1/2 to the left (arriving at 12h) +step forward LF
-	territoria de la constanta de
Part A2	
[1-8] Slide, hee	el toe work, slide, heel toe work
&	RF close to LF
1	step to the right diagonally RF
2	LF heel to the right
3	LF toe to the right
4	LF heel to the right
&	LF now close to RF + stomp LF
5	step to the left diagonally LF
6	RF heel to the left
7	RF toe to the left
8	RF heel to the left +stomp RF
	ack , half turn to the right vaudeville, slide LF, hold
&1	step diagonally back RF- touch with LF
&2	step diagonally back LF- touch with RF
&3-4	turn 1/2 to the right with weight on both feet (for first wall, optional squat while turning)
5&6	diagonally slide to the left LF
<b>&amp;</b> 7-8	hold position
Dort D	
Part B	ırn to the right, kick RF, steps back, rocking chair, step turn
&1	Stomp LF &RF
&	turn 1/2 to the right (arriving at 12h)
2	weight on LF, kick RF
&	weight back on RF
3	weight on LF + keeping RF as in hook step
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	keeping same position, step back LF
4	step back RF
& 5	weight on LF
5	RF step forward and weight on RF
&	weight back on LF
6	step back RF

&	weight on LF
7	step forward RF, weight on RF
8	turn 1/2 to the left (arriving at 6h)
= = =	os, turns, slide L
1	Step forward RF
& 2	weight on LF, turn 1/2 to the right side (arriving at 12h) step forward RF
3	step forward LF
&	weight on RF, turn 1/2 to the left side (arriving at 6h)
4	step forward LF
5	step forward RF
&	turn 1/2 to the left (arriving at 12h)
6	step forward RF + turn 1/2 to the left (arriving at 6h)
&	keeping weight on RF, turn 1/2 to the left (arriving at 12h)
7-8	slide to the left LF + RF close to LF
	ton, step cross step, weave
&	weight on LF
1	step forward RF, keeping heel RF and LF in
&	heels LF and RF out
2 &	step back RF, heel RF and LF in heels LF and RF out
3	step forward RF, keeping heel RF and LF in
&	weight on LF
4	slide back RF
&	LF close to RF
5	step left LF
&	RF cross over LF
6	step left LF
&	weight on RF
7	LF step cross over RF
&	step to the right RF
8	LF step behind RF
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[25-28] footwor	
& 1	Step to the right RF turn 1/4 to the right + step forward LF
&	weight on LF, step forward RF
2	turning 1/4 to the right( facing then 6h), weight back on LF
&3	turn 1/4 to the right (arriving at 9h) and step forward RF
4	turn 1/4 to the right (arriving at 12h) step to the left LF
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Part C1	
	, shuffle, rock step, shuffle
&	RF close to LF
1	step to the right RF
&	LF close to RF without putting the weight
2 &	step to the left LF turn 1/2 to the right (arriving at 6h) + RF close to LF
3	step forward RF
&	LF close to RF
4	step forward RF
&	LF close to RF

5	step to the left LF	
&	weight on LF	
6	weight back on RF	
&	turn 1/2 to the left(arriving at 12h) + LF close to RF	
7	step forward LF	
&	RF close to LF	
8	step forward LF	
[9-16] Footwork, coaster step, steps forward x2		
&	weight on LF	
1	step forward RF, keeping heel RF and LF in	
&	heels LF and RF out	
2	step back RF, heel RF and LF in	
&	heels LF and RF out	
3	step back LF, keeping heel RF and LF in	
&	weight back on LF	
4	step back RF, keeping heel RF and LF in	
&	heels LF and RF back parallel	
5	step back LF	
&	RF close to LF	
6	step forward LF	
7	step forward RF	
8	step forward LF	
Part C2		
	o, shuffle, rock step, shuffle	
&	RF close to LF	
1	step to the right RF	
&	LF close to RF without putting the weight	
2	step to the left LF	
&	turn 1/2 to the right (arriving at 6h) + RF close to LF	
3	step forward RF	
&	LF close to RF	
4	step forward RF	
5	step forward LF	
&	turn 1/2 to the right (facing then 12h)	
6	weight on RF	
7	step forward LF +with weight on LF, turn 1/2 to the right(arriving at 6h)	
&	with weight on LF, turn 1/2 to the right(arriving at 12h) + step forward RF	
8	step forward LF	