

# Linda's DISTURBIA

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Linda Vivona (USA) - November 2024  
音乐: DISTURBIA  
或: Disturbia - Rihanna



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**RIGHT HEEL IN FRONT, RIGHT HEEL HOOK, HEEL FRONT AND BEHIND. RIGHT ROCK BACK, RECOVER LEFT, RIGHT SHUFFLE FORWARD**

1-4      Right heel in front, right heel hook, right heel in front and right heel behind  
5,6, 7&8      Rock back right, recover on the left. Shuffle forward right, left, right,

**LEFT SHUFFLE FORWARD, RIGHT ROCKING CHAIR**

1&2, 3,4,5, 6      Shuffle forward left, right, left. Right rock forward, recover left, right rock back, recover left  
7,8      Step forward right ½ turn to the left.

**KICK RIGHT FOOT 2XS STEP RIGHT, LEFT, RIGHT IN PLACE, KICK LEFT FOOT 2XS, STEP LEFT, RIGHT, LEFT IN PLACE**

1,2,3,&,4      Kick right foot forward twice, step in place right, left, right  
5,6,7,&,8      Kick left forward twice, step in place left, right, left

**SYNCOPATED CHASSE' RIGHT WITH CLAPS. LEFT ROCK OVER RIGHT. LEFT RECOVER. ¼ TURN TO THE LEFT. LEFT COASTER STEP**

1,2,&      Step side with right foot on count "1", hold  
3,4,& a      nd clap on count "2", bring left foot to right foot on "&", step side right on count "3", hold and  
clap on count "4", bring left foot to right foot on "&"  
5,6, 7&8      Left rock over right, recover right. 1/4 turn to the left, left coaster step

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